

YOUR SANIBEL

January 2018

Why, You Wascally Wabbit!

by Jim McCallion

For the past few years I've seen more and more marsh rabbits on our islands. Now my yard is overrun with bunnies. They are somewhat cute in an overgrown rodent sort of way, but these are brash bunnies. At night, they crouch low, waiting for me to get close then suddenly jump away, rudely squeaking out a honk-chirp-hiss that causes me to jump out of my shoes.

You would think these rabbits would be more appreciative. After all, we have carefully planted a full buffet for their dining pleasure. My wife Susan and I have just redone our landscaping. They are especially enamored with the newly planted ground covers. In a single night they ate 25 new plants to the ground. I chased them. My dogs chased

them. They just scoot below some razor sharp, make-you-bleed bromeliads, taunting us with their chirp/squeaks.

I suggested turning the table on these ungrateful

varmints and snack on them instead (hasenpfeffer anyone?), but my kids all threatened to become vegetarians. Susan wasn't thrilled with the idea either.

So now I'm out defending our yard by spraying putrefied egg juice on the new plants. Really, this is a thing - only \$30 a gallon at Home Depot,

CONTINUED ON PAGE 5



SANIBEL EVENTS



The Bridge That Connects

Presented by Sanibel Historical Museum & Village and the Captiva Island Historical Society

January 31, 2018

5:30 - 7:30 p.m.

South Seas Resort



See The Full Sanibel Event Calendar on Page 4

INSIDE THIS ISSUE:



Determining House Value 3
Ask Susan



Happening on the Island 4
Local Events



Lovely Mangroves! 5
Featured Article



Vacation Homes 9
Your Money



Ardsley Way 10
Featured Home

PRESCORTED STD
U.S. POSTAGE
PAID
GREENFIELD, IN
PERMIT NO. 67



Recently Sold on Sanibel and Captiva Islands

We've compiled a list of every property that has sold on Sanibel and Captiva Island over the past two and a half months. Turn to page 2 to see what homes sold during the months of October, November, and through mid-December, 2017. We also list how quickly each home sold, and the

final closing price of each transaction. If you're thinking of selling your Sanibel homes, these details can help you better understand the current real estate market here on the islands. ■

CONTINUED ON PAGE 2

Brought to you by:

M&CALLION
M&CALLION
REALTY DONE RIGHT

239.472.1950

1640 Periwinkle Way, Suite 1, Sanibel
www.McCallionRealty.com



HOUSES SOLD

Island Sales - October, November, Mid-December

CAPTIVA ISLAND

	Subdivision	Address	Beds	Baths	Sq.Ft.	DOM	Close Date	List Price	Sold Price
CONDOS	BEACH VILLAS	2623 Beach Villas #2623	1	1	687	85	10/06/2017	\$530,000	\$528,000
	BEACH VILLAS	2517 Beach Villas #2517	1	1	687	374	10/11/2017	\$497,500	\$475,000
	BEACH VILLAS	2523 Beach Villas #2523	1	1	687	61	12/06/2017	\$539,000	\$537,000
	LANDS END VILLAGE	1614 Lands End Vlg #1614	3	3	2,825	224	10/03/2017	\$2,575,000	\$2,300,000
	TENNIS VILLAS	3118 Tennis Villas #3118	1	1	586	176	10/06/2017	\$255,500	\$250,000
SINGLE FAMILY	METES AND BOUNDS	11500 Chapin Ln	4	4	2,852	1,010	10/11/2017	\$1,795,000	\$1,650,000

SANIBEL ISLAND - EAST

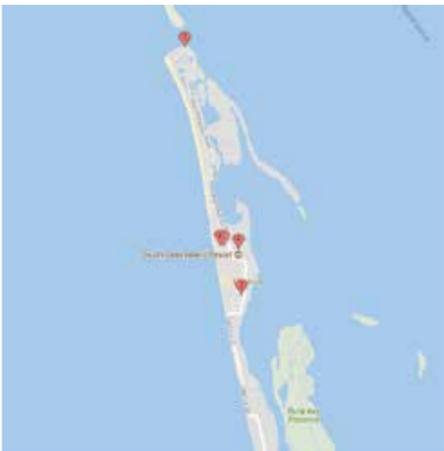
	Subdivision	Address	Beds	Baths	Sq.Ft.	DOM	Close Date	List Price	Sold Price
CONDOS	CAPTAINS WALK UNIT	641 Periwinkle Way #B5	2	1	1,100	0	12/15/2017	\$349,000	\$340,000
	COQUINA BEACH CONDO	631 Nerita St #5B	2	2	1,079	36	12/07/2017	\$399,000	\$390,000
	LIGHTHOUSE POINT	200 Periwinkle Way #327	3	2	1,621	62	10/12/2017	\$849,000	\$815,000
	MARINER POINTE	760 Sextant Dr #811	2	2	1,227	17	11/06/2017	\$435,000	\$420,000
	SANIBEL MOORINGS	845 E Gulf Dr #931	2	2	981	242	10/02/2017	\$550,000	\$490,000
	SANIBEL MOORINGS	845 E Gulf Dr #612	2	2	981	68	11/30/2017	\$565,000	\$545,000
	SANIBEL SIESTA	1246 Fulgur St #303	2	2	1,100	98	12/01/2017	\$529,000	\$507,000
	SHELL ISLAND BEACH CLUB	255 Periwinkle Way #7B	2	2	966	228	12/12/2017	\$820,000	\$785,000
	SPANISH CAY	1610 Middle Gulf Dr #E3	2	2	1,128	15	11/20/2017	\$369,000	\$370,000
	SUNDIAL EAST	1401 Middle Gulf Dr #O-405	2	2	1,516	72	11/01/2017	\$1,099,500	\$1,013,250
	SUNDIAL WEST	1501 Middle Gulf Dr #B108	1	1	773	143	12/05/2017	\$469,000	\$450,000
	SUNSET SOUTH	1340 Middle Gulf Dr #6D	2	2	1,460	64	11/07/2017	\$499,900	\$470,000
	SUNSET SOUTH	1341 Middle Gulf Dr #1C	2	2	1,400	331	12/13/2017	\$685,000	\$665,000
	SINGLE FAMILY	DUNES SANIBEL	1311 Sand Castle Rd	3	2	2,222	154	10/06/2017	\$799,000
DUNES SANIBEL		981 Sand Castle Rd	3	2	1,795	218	12/08/2017	\$499,000	\$480,000
METES AND BOUNDS		732 Windlass Way	4	3	2,829	498	10/11/2017	\$1,195,000	\$1,050,000
SANIBEL ESTATES		931 S Yachtsman Dr	4	3	2,616	510	10/12/2017	\$870,000	\$800,000
SANIBEL ESTATES		655 Anchor Dr.	3	3	3,768	198	11/02/2017	\$749,000	\$605,000
SANIBEL HARBOURS		1270 Bay Dr	3	2	1,936	6	11/28/2017	\$1,349,000	\$1,334,000
SHELL HARBOR		984 Oyster Ct	3	3	2,394	240	10/31/2017	\$1,650,000	\$1,625,000
WATER SHADOWS		1687 Hibiscus Dr	3	3	2,484	283	10/02/2017	\$1,250,000	\$1,040,000
YACHTSMAN COVE		419 Lighthouse Way	4	3	2,445	34	11/03/2017	\$797,500	\$797,500
1/2 DUPLEX		DUNES SANIBEL	976 Sand Castle Rd	3	3	1,734	149	10/23/2017	\$489,000

SANIBEL ISLAND - MID

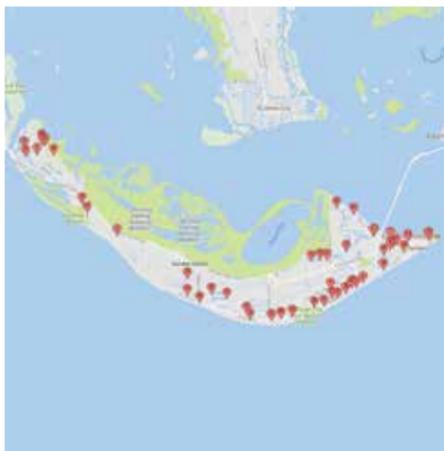
	Subdivision	Address	Beds	Baths	Sq.Ft.	DOM	Close Date	List Price	Sold Price
CONDOS	COTTAGE COLONY WEST	2255 W Gulf Dr #138	1	1	806	273	11/06/2017	\$575,000	\$570,000
	NUTMEG VILLAGE	2777 W Gulf Dr #100	2	2	1,657	387	11/28/2017	\$1,070,000	\$950,000
	SANDDOLLAR	1785 Middle Gulf Dr #A303	3	2	1,348	153	10/31/2017	\$1,349,000	\$1,275,000
	SANDPIPER BEACH	1919 Olde Middle Gulf Dr #501	2	2	1,071	68	11/20/2017	\$695,000	\$690,000
	SEASHELLS OF SANIBEL	2840 W Gulf Dr #11	2	2	933	203	11/20/2017	\$350,000	\$331,000
	TARPON BEACH	2475 W Gulf Dr #103	2	2	1,145	207	10/31/2017	\$749,000	\$725,000
	TARPON BEACH	2475 West Gulf Dr #A102	2	2	1,145	189	11/14/2017	\$749,000	\$730,000
	VILLA SANIBEL	2321 W Gulf Dr #3C	2	2	1,239	21	10/20/2017	\$650,000	\$630,000
SINGLE FAMILY	BEACHVIEW CC ESTATES	1294 Par View Dr	3	2	2,495	259	10/18/2017	\$929,000	\$900,000
	GUMBO LIMBO	9455 Beverly Ln	2	2	1,344	209	10/04/2017	\$546,000	\$525,000
	GUMBO LIMBO	1550 Bunting Ln	2	2	1,681	110	10/23/2017	\$644,000	\$622,000
	GUMBO LIMBO	9459 Begonia Ct	3	4	1,997	196	12/06/2017	\$639,000	\$600,000
	LAKE MUREX	485 Lake Murex Cir	3	2	2,033	144	10/27/2017	\$1,075,000	\$970,000
	LITTLE LAKE MUREX	3364 Twin Lakes Ln	3	2	2,275	68	10/02/2017	\$699,000	\$670,000
	METES AND BOUNDS	3547 W Gulf Dr	4	4	3,856	273	11/30/2017	\$4,250,000	\$3,900,000
SANCTUARY AT WULFERT	5639 Baltusrol Ct	4	4	3,534	315	11/07/2017	\$1,695,000	\$1,695,000	

SANIBEL ISLAND - WEST

	Subdivision	Address	Beds	Baths	Sq.Ft.	DOM	Close Date	List Price	Sold Price
CONDOS	BLIND PASS	5117 Sea Bell Rd #F108	3	2	1,556	184	11/16/2017	\$594,900	\$568,300
	IBIS AT THE SANCTUARY	5775 Baltusrol Ct #B201	2	2	1,637	174	10/06/2017	\$475,000	\$470,000
	IBIS AT THE SANCTUARY	5775 Baltusrol Ct #B302	2	2	1,459	342	10/31/2017	\$468,500	\$460,000
	IBIS AT THE SANCTUARY	5775 Baltusrol Ct #B102	2	2	1,459	165	11/22/2017	\$449,900	\$443,000
	SANCTUARY GOLF VILLAGES I	2675 Wulfert Rd #2	2	2	2,815	112	10/06/2017	\$649,000	\$627,000
	SANCTUARY GOLF VILLAGES I	2619 Wulfert Rd #5	2	2	2,815	237	10/20/2017	\$699,000	\$665,000
SINGLE FAMILY	BETTS	6081 Henderson Rd	3	2	1,872	123	11/06/2017	\$799,900	\$740,000
	CHATEAUX SUR MER	4775 Rue Helene	4	3	2,285	304	12/15/2017	\$799,000	\$737,500
	DEL SEGA	2489 Harbour Ln	3	2	1,741	19	10/24/2017	\$699,900	\$670,000
	DEL SEGA	2628 Coconut Dr	3	2	1,964	267	11/02/2017	\$1,350,000	\$1,224,500
	METES AND BOUNDS	3728 W Gulf Dr	5	5	3,141	252	10/20/2017	\$2,395,000	\$2,325,000
	ROCKS EAST	714 Durion Ct	3	2	1,701	78	12/15/2017	\$609,000	\$585,000
	SANIBEL BAYOUS	5305 Umbrella Pool Rd	3	2	1,867	60	10/30/2017	\$579,000	\$559,000



Captiva Island



Sanibel Island

Data is taken from the Sanibel and Captiva Island MLS and represents the number of homes sold from October 1, 2017 – December 15, 2017

Q & A with the real estate expert



BUYING A NEW DREAM HOME

Q Dear Susan, I have my sights set on purchasing a home in a new build community that can be customized to meet my personal needs and style. I continue to fantasize about purchasing the home of my dreams, and the only thing holding me back is that I'm not certain where to begin and if there are any tips to make this experience as stress-free as possible. Can you help?

Michael

A Dear Michael, Before you begin your venture, it's important to know that purchasing a new-construction home is different from buying a resale home. If you're already aware of this

and ready to take the plunge, I'm happy to help you get started and have a few tips that will help you during this process.

For first time buyers like yourself who hope to have a house that meets each and every need, new homes are the way to go. Many times there will be more than one floor plan and location to choose from so that buyers, like yourself, can design a home that will be a perfect match for their lifestyle. During construction, you as the buyer will be able to visit your home-site and choose the fixtures and finishings that will be placed towards the end of construction. When the home is approved and contract signed - your new home will be exactly as you planned.

If you're hoping to get the best deal on your build, remember to tune into the builder's sale cycle. Builders of new home communities sell in three phase sale cycles. If you are a first buyer in phase one, there is a lot more room to negotiate for the best discounts. If the first 10 homes sell quickly at the asking price, and the market continues to do well, the builder can raise the prices on the second or third phase. The last phase could end up being priced 10 percent or more higher than phase one, simply because the market value has appreciated.

If you stay up to date with sale cycles and show interest nearing the beginning or end of a builder's sale cycle, they may be willing to negotiate discounts in the form of

upgrades. Generally price is the last thing a builder will wish to negotiate because the price will go on public record. So, they may offer you hardwood flooring or high-end appliances in place of a price drop. And thousands worth of upgrades in your new home could indeed be better than a lower price as upgrades can make your home worth more in the long run.

I hope you've found this information useful and that you're excited to embark on your new home buying journey. Note that it's important for you to have an agent to represent your best interests, from advising you on how to structure your offer to reviewing the builder's contracts. If you would like additional advice or assistance,

please feel free to give me a call. My team and I are always happy to help. ■



Susan McCallion

1640 Periwinkle Way,
Suite 1, Sanibel

239.472.1950

www.McCallionRealty.com

ASK SUSAN

YOUR SANIBEL



Publishers

Jim & Susan McCallion

M&CALLION
M&CALLION
REALTY DONE RIGHT

1640 Periwinkle Way,
Suite 1, Sanibel
239.472.1950

www.McCallionRealty.com

discover
PUBLICATIONS
Become a household name®

6427 Busch Blvd.,
Columbus, OH 43229
877.872.3080
www.DiscoverPubs.com

Sudoku, Scrabble, Crossword
and articles distributed by
Tribune News Services and
Brandpoint where noted.

© Copyright 2017 by
Discover Publications, Inc.
All rights reserved.

WHAT'S YOUR SANIBEL HOME WORTH?

Sanibel Home Values Have Gone Up 10% or more! Learn what your home is worth today.

Enter your street address

Unit # (opt.)

Get Home Value

www.YourSanibelHomeValue.com

EVENTS

what's happening on Sanibel Island



JAN
13

SWFL Critical Mass - Night Bike Ride

January 13, 7:30pm • Jerry's Plaza

The first Sanibel night ride for the SWFL Critical Mass bicycle meet up group. Come along a relaxed pace (7-10mph) for a total of 10.5 miles, with a 10 minute break at Doc Fords. Park at the Bailey Homestead Preserve Park and meet up at 7:00pm at Jerry's Plaza. Ride starts at 7:30pm.



Christmas Eve/Day Services by Church:

Captiva Chapel by the Sea
Seasonal, November - April
Sunday, 11:00am

Sanibel Community Church
Sunday
8:00am - Traditional w/
Communion
9:00am - Contemporary w/ Kid's
Church
11:00am - Traditional w/ Choir

Sanibel Congregational United Church of Christ
Sunday
7:45am - Chapel
9:00am - Full Service w/ Childcare and Sunday School
11:00am - Full Service w/ Childcare

St. Micheal and All Angels Episcopal Church
Saturday, 5:00pm - Rite II
Sunday, 8:00am - Rite I
Sunday, 10:30am - Rite II

St. Isabel Catholic Church
Saturday, 5:00pm
Sunday, 8:30am & 10:00am

JAN
9

Remembering Captiva's Old-Time Eateries

Jan 9

5:30-7:30pm
Captiva Civic Center

A panel of speakers from Captiva's rich history of iconic restaurants share their memories of Captiva's restaurant-life of the past. Refreshments and cash bar start at 5:30pm, program starts at 6:00pm.

JAN
10

Twilight Talk: Francis Bailey

Jan 10

4:00-8:00pm
Sanibel Community House

Hear stories about Sanibel Island pioneer, Francis Bailey during this Twilight Talk presented by the Sanibel Historical Museum & Village.

JAN
10

BIG ARTS: SWFL Symphony

Jan 10

7:30pm
Schein Hall

Small Stage Symphonies "For the Love of Beethoven," featuring Conductor Nir Kabaretti and Jillian Prescott (with Music Awards winner Priscila Navarro on piano). Ticket info available online.

JAN
14

Island Jazz

Jan 14

3:00-5:00pm
BIG ARTS Boler Garden

Spend a lazy Sunday afternoon enjoying the tunes of the ever-popular Island Jazz musicians. Bring a chair and come early to enjoy this free concert in the open air.

JAN
16

CIHS Night at the Movies

Jan 16

6:00pm
Tween Waters Inn

Join the Captiva Island Historical Society for "A New Film of Old Stories" featuring Captiva islanders sharing memories of the characters and times of their small island community.

JAN
25

BIG ARTS: Frisson Ensemble

Jan 25

3:30pm
Schein Hall

Nine piece explosive ensemble featuring New York City's finest young classical musicians. Cool classical that expands and contracts into a variety of powerful, intricate ensembles, including quintets, sextets, and a small chamber orchestra. Ticket info available online.

JAN
29

Sanibel Public Library - Author Series

Jan 29

7:00-9:00pm

A ticketed event to be held at the Community House.

JAN
31

The Bridge That Connects

Jan 31

5:30-7:30pm
South Seas Island Resort

The Sanibel Historical Museum and Village is joining with the Captiva Island Historical Society to present a multi-media production of the history of the three Blind Pass bridges. Refreshments and cash bar start at 5:30pm, program starts at 6:00pm.

For a complete list of events, visit www.YourSanibel.com

Meet Susan & Jim McCallion

It Takes Two!

...Actually, it takes a village, as I always say. As an island resident, mother of four, and broker of our continually growing business, I've come to greatly appreciate the generosity of our Sanibel Island Community.

Several years ago, Jim and I decided to make Sanibel our hometown - the place where our kids would grow up and our family would visit. I left my position as CEO of a large non-profit in Miami, and Jim sold his software company, so that we could live the Sanibel dream.

We love the islands, and the family memories we have here. That's why it is our pleasure to help others in their own nostalgic transitions to and from Sanibel.



M & CALLION
M & CALLION
REALTY DONE RIGHT

Read More About Susan & Jim at:
www.McCallionRealty.com

WHY MANGROVES ARE CRITICAL TO YOUR SANIBEL REAL ESTATE



BLACK MANGROVE

by Jim McCallion

If you're not a native Floridian, you may scratch your head at Sanibel's "obsession" with protecting the mangrove trees that line our coast.

I know they can seem like a hindrance, blocking our beautiful water views; however, mangroves are extremely important to the survival of our island's delicate ecosystem.

WHAT'S A MANGROVE?

Mangroves are tropical trees that grow in tidal areas along the coastline, and can live in water 100x saltier than what most other plants can tolerate. They have long roots that tangle together forming knots strong enough to handle the changing tides and storms that cross our coastline.

TYPES OF MANGROVES

While there are many different mangrove types, The Florida Department of Environmental Protection names three species found in Florida: the red mangrove, black mangrove, and white mangrove species.

The red mangrove (*rhizophora mangle*), is the most well-known species that grows along the water's edge, and is easily identified by its reddish-color roots that prop the tree up above water. The black mangrove (*avicennia germinans*) usually grows further upland than the red mangrove, with little finger-like sprouts protruding from the ground around the tree's trunk. The white mangrove (*laguncularia racemosa*), takes roots at an even higher elevation, and can be identified by its light yellowish-green leaves and stem from the tree's branches.

Mangroves are Critical to Sanibel Real Estate. In fact, you can probably thank them for even having any real estate on Sanibel at all. Mangroves accumulate sediment with their root system. As they grow, more sand is trapped and the island can grow. Additionally, mangroves help hold the island together during storms.

Mangroves can...

- Provide an ecosystem that cycles nutrients into the water, producing food for marine life
- Allow marine organisms to attach to their roots, stems and leaves, providing a safe habitat for living and reproducing

- Serve as rookeries, or nesting areas for the large variety of beautiful coastal birds on Sanibel Island
- Create a protective barrier for the island's beaches and land, protecting us from erosion and strong winds
- Filter water and help maintain water quality by trapping and cycling certain organic material and chemical elements

DOWNSIDE OF MANGROVES

Mangroves can also...

- Grow tall and block your scenic water views
 - Smell like rotten eggs during low tides (this is from natural decaying leaves and other organic matter in the mud)
 - Provide a breeding ground for bugs and mosquitoes
- ... but that's about it. Did I miss anything here? As you can see, the benefits of the mangrove tree far outweigh the negatives. That's why they are critical to our island real estate. ■

About the Author: Jim McCallion, Island Resident and Co-Founder of McCallion & McCallion Realty.

GET THE MOST OUT OF YOUR SANIBEL REAL ESTATE

Bunny Trouble (continued from page 1)



MARSH RABBITS LOVE ASIATIC JASMINE BEFORE BUNNIES ...



AFTER BUNNIES ...

guaranteed to make the new growth less appetizing to the rodents. I'm not hopeful; apparently one female can deliver 6 litters per year. That's a lot of hungry rabbits.

I need help. Where are the bobcats and raccoons that used to prowl through our yard? I heard Sanibel now has some resident

barn owls - let them know I'm putting up an owl box.

According to Charles Sobczak, author of the book *Living Sanibel - A Nature Guide to Sanibel & Captiva Islands*, marsh rabbits have a population boom every 7 to 10 years. Then the predator population catches up

and eats all the bunnies. With less bunnies, the predators die-back and the cycle repeats.

Does anyone have rabbit repellent recommendations to use until our carnivores show up? Shoot me an email at Jim@McCallionRealty.com with any tips. Until then, I'll be out spraying my egg juice, but

next time I'll wear gloves. That smell does not wash off.

(Note: No bunnies were harmed in writing this article.)

About the Author: Jim McCallion, Island Resident and Co-Founder of McCallion & McCallion Realty.

living and comfort

INCREASE KITCHEN EFFICIENCY WITH EASE

by BPT

As the holiday season approaches and the calendar begins to populate, it's important not to allow the stress of entertaining large groups to become a burden. Below are four tips to help organize a kitchen and host with ease, creating a functional space for family and friends to enjoy.

PLAN IN ADVANCE

Set aside time early in the week to plan the menu, from simple appetizers to the main entree. Grocery shopping apps, like AnyList, allow the whole family to share and build lists together - which can help avoid any last-minute trips to the grocery store. Also, try to identify dishes that can be prepared in advance so more time can be spent away from the kitchen when guests arrive.

MAXIMIZE STORAGE AND COUNTER SPACE

Optimize counter space by designing small stations for easy access to the necessities. A coffee bar "nook" complete with Keurig cups and mugs can help kick-start a busy day. Storage near the fridge should



be stocked with foil and containers, ideal for packing up leftovers after a large party. Reserve the island counter for meal prep and the cabinets below for serving ware and glassware storage.

KEEP ALL STAPLES IN ARM'S REACH

Cooking can be made

simple by organizing the essentials. Keep similar tools together, such as bakeware and cookie sheets in one drawer, and pantry staples in another. Spices and herbs should be alphabetized and stored near the stovetop to effortlessly add flavor. For those with design in mind, opt for open shelves to showcase dishes and small

kitchen accessories, such as succulents and cookbooks, while keeping everything within reach.

SIMPLIFY KITCHEN CLEANUP

Cleaning is often the most time-intensive chore in the kitchen, but if designed right, can be a breeze for

home entertainers and kids alike. The Delta Foundry Kitchen Faucet complete with ShieldSpray Technology, available at the Home Depot, offers laser-like precision to contain splatter, meaning less soaking, scrubbing and shirt swapping. ■

2017 Brandpoint

by Kathryn Weber

Once the summer heat starts cooling off and the leaves change, it's time to welcome fall. That means turning over a new leaf on your bedding to get ready for the cold temperatures. Here are eight snooze-worthy options to get your bed ready for warm and cozy winter's nap.

1. COMFORTERS CAN'T BE BEAT FOR HEAT

When it comes to sheer heat that's lightweight and dependable, look no further than the down comforter. Even thin down comforters bring the heat when used under a decorative cover or bedspread. If allergies are a concern, there are alternatives that will keep you toasty. A secondary option to down that's very warm, lightweight and hypoallergenic is a silk filled comforter.

2. BUILD WARMTH FROM THE BOTTOM UP

Our grandmothers knew that one of the best ways to stay warm through the winter was some fluffy under-bedding such as a down featherbed or a wool mattress pad. These add instant warm nostalgia and give you a soft, warm hug when you settle in for the evening.

3. TURN THE HEAT UP

If a featherbed or wool mattress pad is too fluffy for you, or you suffer from allergies, then consider a heated mattress pad. These



8 QUICK WINTER BEDDING CHANGES

TO COZY UP TO

warm up your winter experience of getting into bed, and it makes a great choice if you don't like to sleep beneath heavy bedding. Or, just use it to warm up your bed before turning in. It's a great option for stiff or achy joints.

4. GET SHEETS WITH WARMTH BUILT IN

During the winter, percale sheets can often feel too crisp and cool. Swap out those summer weight sheets for a softer, warmer option. Winter sheets come in a variety of

choices, like standard flannel. But, fleece and jersey are also terrific picks for your winter bed.

5. CONSIDER WARM SHEETS IN A WARM CLIMATE

Yes, even in warmer climates, soft

winter sheets are will keep you warm with less top bedding. Another plus? Soft sheets like flannel or fleece don't have the "sheet shock" of percale, and feel divine on your skin.

6. GRAB EXTRA BLANKETS

A blanket is always a great choice to place under your top bedding. Having a blanket can give you a cool layer if temps become mild and a heavy comforter is too much. Fleece blankets are lightweight but pack a lot of warmth, so if you're prone to overheating at night, they may not be for you. If that's all too hot, a quality cotton blanket is the perfect bedding staple.

7. ALPACA PACKS A LOT OF WARMTH

Traditional wool has been a blanket standby for years, and while warm, it's often itchy. For a soft and snuggly option, try a blanket made of alpaca fiber made from the alpaca, a member of the camelid family. An alpaca blanket is a splurge, but it'll give your bed a touch of soft, warm luxury.

8. QUILTS ADD WEIGHT AND COMFORT

One decidedly nostalgic selection for warmth is the old-fashioned quilt. Sleepers who swear by quilts often do so because they enjoy their warmth and their weight. In fact, weighted blankets are often used to relieve anxiety in psychiatric patients and recent studies have shown that heavy blankets can help you sleep better and more deeply. ■

© 2017 Distributed by Tribune Content Agency, LLC



AMERICA'S FINEST: 6 LUXURY HOME IMPROVEMENT PRODUCTS MADE IN THE U.S.

by BPT

Peruse any home improvement media and you may get the impression you just can't build, renovate or decorate a quality home without relying on foreign-made products like granite from Italy for countertops, cherry hardwood flooring from Brazil or textiles from India. However, you don't have to sacrifice quality and luxury in order to buy American for your home; some of the finest home decor products originate right here in the U.S.

Here are six of America's finest domestically made products for the home:

ANN SACKS

Every tile in the company's 14 MADE by ANN SACKS collections is handcrafted and produced in its

Portland, Oregon, headquarters. Founded in 1981 by Ann Sacks, the company's tile and stone products in unique patterns, shapes, sizes and glazes are favorites of homeowners and interior designers seeking top-quality luxury and beauty for their home designs. In addition to a repertoire of standard tiles, the company also has partnered with famous designers to create innovative luxury lines. They even create custom designs to help homeowners achieve a truly one-of-a-kind look in their homes.

The company is also a pioneer in another aspect of American culture: the focus on sustainable business practices. The company recycles all excess raw clay, uses only lead-free glazes, filters production waste water and uses only recycled and recyclable packaging for shipping products.

STICKLEY

Founded in 1900 by the Stickley brothers, the luxury furniture brand continues to conduct all its manufacturing in its Manlius, New York, factory. Their furniture is known for its beautiful wood construction, durability and meticulous attention to details.

ROBERN

Rooted in the belief that "your everyday routine should never feel ordinary," Robern has been making innovative medicine cabinets, bathroom mirrors, vanities and lighting since 1968. From smart medicine cabinets with features like touch-dimmable task lighting, magnetic storage and integrated USB outlets to wall mirrors with lights, audio and defogging

capabilities, all products are still made in Bristol, Pennsylvania.

BLOOMSBURG CARPET

Founded in 1976 to produce quality, luxurious carpet, Bloomsburg Carpet weaves all its carpets in Pennsylvania's Susquehanna Valley. Third-generation weavers produce Axminster, Velvet and Wilton carpets under one roof. The company weaves with raw, sustainable fibers that it describes as "ecologically friendly and readily renewable."

VIKING

Founded in 1987, Viking produces professional-quality ranges and refrigerators at four manufacturing facilities in Leflore County, Mississippi. The company's products are favorites of both professionals and home chefs.

THOMASVILLE BEDDING COMPANY

The company that began over 40 years ago in a one-room building now occupies 36,000 square feet of factory and showroom space in Thomasville, Georgia. In addition to offering a wide selection of mattress styles, the company is also one of the few remaining bedding makers who will manufacture a custom set to fit any size bed.

You don't have to sacrifice the pride of buying American to find the luxury, quality and customization you desire for your home decor. Purchasing quality American-made products is an investment that can deliver high returns in beauty, durability and satisfaction. ■

© 2017 Brandpoint

Meet Your New Neighbors!

John & Carol purchased a home in The Dunes

Hi! We are John, Carol, Sunny and Marlow Plassard from Geneva in Switzerland. Thanks to the help of our friend and Realtor®, Anna Turner on the McCallion Team, we are now full-time residents of Sanibel Island! Having seen what felt like every home on Sanibel, we finally purchased our home in The Dunes back in March, 2017.

Over the years, we have made frequent visits to Florida from Switzerland, and we loved our time on Sanibel. Finally, we decided to move to Sanibel for a couple of years, so that our kids can learn English, and we can enjoy the American lifestyle for a little while as a family.

We love everything about the island, the climate, going to the beach, boating, etc. Our kids have fit right in at the Sanibel School, and we've met so many new friends already. We are so happy to be here. Sanibel is a great community to be apart of, thank you for the warm welcome. We're living the island dream!

Sincerely,
The Plassard Family



The Plassard Family at Sanibel Luminary Night

M E Z C A L

WHAT TO KNOW ABOUT THE SMOKY SISTER OF TEQUILA

by Corin Hirsch

A drink writer's inbox can sometimes be out of step with the world at large. For instance, I receive so many emails about new mezcals that it sometimes seems like the

Mexican-made, smoky sister of tequila is taking over the world.

Out there in that real world, though, visits to liquor stores to find mezcal can elicit blank stares. And order a mezcal cocktail, and this cautious question

might follow: "Have you tried mezcal before?" That's because mezcal can wallop some first-time drinkers, such as a nearby diner who recently winced after she took a sip of a mezcal old fashioned. A knowing server whisked away the drink for replacement.

Legend holds that it was created many moons ago when a lightning bolt struck an agave plant, and singed its heart, or pina. A super-smoky spirit was born, one whose character is now replicated by baking the pinas—which look sort of like pineapples, once

their fronds are cut off—in the ground before they are mashed and fermented.

That's the Cliffs Notes for a complex process that varies from village to village. While tequila is made solely from the blue agave plant, mezcal can be produced from different species of agave in seven regions of Mexico, giving rise to an array of styles that make tasting mezcals side by side akin to tasting scotch. In some, you might detect citrus, or peatiness; in others, thyme, honey or chili.

Despite that complexity, mezcal can sometimes clobber a cocktail—even a margarita, where it's often used. The best way to ease into its world, I think, is to sip some straight, either at a bar or poured from a hard-won bottle (Wines by Nature in Wading River carries at least three mezcals). If all systems are go, try this: Equal parts mezcal, dry vermouth and Lillet Blanc stirred over ice and strained into a chilled coupe glass.

This thrice-removed form of white Negroni mellows mezcal's aggressive edges, but still has enough smokiness for the season. ■



© 2017 Distributed by Tribune Content Agency, LLC.

ROAST ROCK COD WITH FENNEL AND BEURRE BLANC

Preheat the oven to 400 F (200 C).
 With a sharp knife, cut an incision 1-inch (2.5-cm) deep all along the length of the fish on both sides of the backbone. Perpendicular to those incisions, cut incisions 1/2-inch (12-mm) deep into the flesh at 1-inch (2.5-cm) intervals. Season the fish all over, including the incisions and cavity, with salt and pepper. Put 4 fennel branches in the body cavity.
 Spread 2 of the sliced fennel bulbs, plus the potatoes, onions and tomatoes, on a rimmed metal baking sheet. Sprinkle with salt, pepper and red pepper flakes. Drizzle generously with olive oil. Place the fish on top, body cavity down and backbone up, and drizzle generously with more olive oil. Pour half of the wine or water over the fish and vegetables.
 Place the baking sheet on top of the stove over two burners set to medium-high heat. As soon as the liquid in the baking sheet starts to steam, carefully transfer the baking sheet to the preheated oven. Roast the fish, basting it occasionally with the juices from the pan, until its flesh easily separates from the bone when an incision is probed with the side of the basting spoon, 20 to 25 minutes.

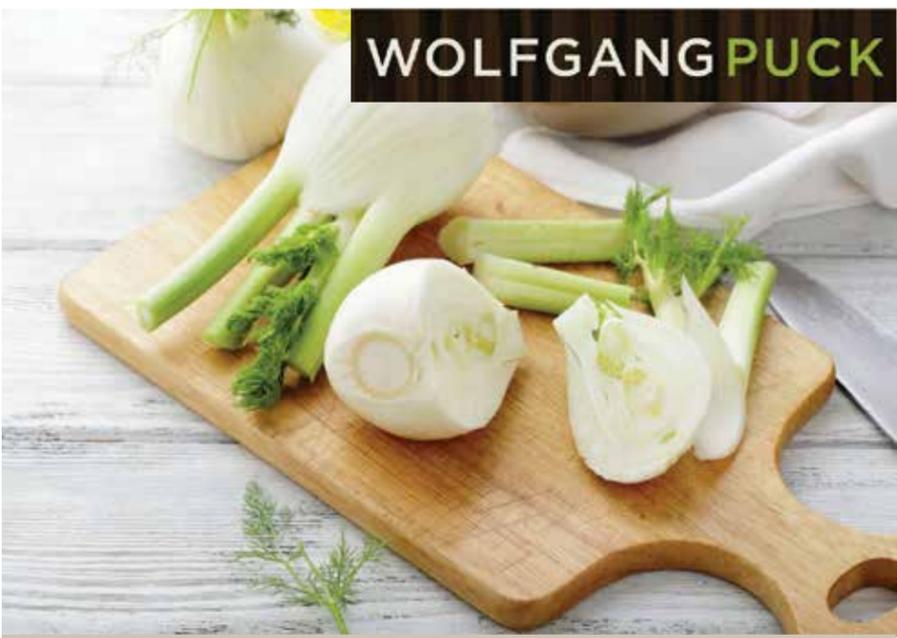
Meanwhile, in a saucepan over medium-high heat, heat about 3 tablespoons of olive oil. Add the shallots and chopped fennel bulb, and saute, stirring frequently, until

translucent but not browned, 3 to 5 minutes. Remove from the heat. Carefully add the Pernod, which may flare up as its alcohol burns, and then pour in the remaining white wine or water and stir. Scrape to deglaze the pan deposits. Simmer briskly until the liquid has reduced to about 1/4 cup (60 mL), about 10 minutes.

Whisking continuously, add the butter to the pan 1 or 2 pieces at a time until it melts, forming a thick, creamy sauce. Season to taste with salt and pepper and stir in the lemon juice. Pour the sauce through a fine strainer held over another saucepan, and press down on the solids with the back of a wooden spoon to extract all the liquid. Finely chop the fronds of the remaining fennel branch, stir all but 1 tablespoon into the sauce, and adjust the seasonings to taste. Keep warm over low heat.

Use a pair of large spatulas to transfer the fish to a serving platter. Arrange the roasted vegetables around the fish and drizzle with 1 or 2 spoonfuls of the sauce. Garnish with lemons and parsley, drizzle the fish with a little more olive oil, and serve, passing the sauce separately. ■ Serves 4 to 6

© 2017 Wolfgang Puck Worldwide, Inc. Distributed by Tribune Content Agency, LLC.



WOLFGANG PUCK

INGREDIENTS

- 1 whole rock cod, about 1 1/2 feet long, cleaned and scaled, or similarly sized whole fish such as snapper or black bass
- Kosher salt
- Freshly ground black pepper
- 5 medium fennel branches
- 2 fennel bulbs, trimmed and cut lengthwise into slices 1/2-inch thick, plus 1/2 fennel bulb, trimmed and finely chopped
- 4 fingerling potatoes, cut into slices 1/2-inch thick
- 2 medium yellow onions, cut into slices 1/2-inch thick
- 4 medium-sized tomatoes, cored and cut into wedges
- Pinch crushed red pepper flakes
- Extra-virgin olive oil
- 1 1/2 cups dry white wine or water
- 3 shallots, finely chopped
- 2 tablespoons Pernod or anisette
- 8 tablespoons unsalted butter, cut into pieces, at room temperature
- 1/2 lemon, juiced
- 2 lemons, cut into halves or wedges, for garnish
- Fresh Italian parsley sprigs



Family Vacation Homes BLESSINGS OR CURSES?

YOUR MONEY

by Robin L. Cook, Wealth Services Advisor

Leaving a vacation home to your children is one of the most sentimental thoughts in estate planning. Many years of fond memories and family gatherings are contained within the walls of that home, and it seems a great way to leave a legacy that will remind your children of those wonderful times. But without proper planning, those sentimental thoughts can quickly give way to painful discord, financial burdens, and even resentment after your death.



Robin L. Cook
Wealth Services Advisor
The Sanibel Captiva
Trust Company
239.472.8300

The first step that many parents overlook before leaving that legacy is to determine whether it makes financial sense to keep the home in the family. In most cases, the answer is yes, but liquidating that second home has become a necessity for some parents who are living off their assets and need all their assets to generate a return. When in doubt, parents should take care of their own financial needs first.

The next step is to find out whether your children actually want the home and will equally share

in the use and enjoyment of the property. Some children may have to travel much farther to visit the home and some may not be equally able to pay for taxes, upkeep, insurance, repairs, maintenance or unexpected damage. If the value of the vacation home makes up a substantial portion of your overall estate, some of your children might prefer a more liquid inheritance that can make a difference in their day-to-day ability to support and enhance their family lifestyle.

If you leave your children as equal owners, they will have to agree on all decisions regarding the home, including when each of them can use it, whether to rent it out when not being used, whether to sell it (and at what price), and what repairs or

maintenance will be needed. There may also be concerns that a child's share in the vacation home could pass outside the existing family through death, divorce or creditor claims.

So if you are thinking of leaving a vacation home to your children, the first step is to talk to them individually and be open and direct about your goals and intentions. Ask them how they honestly feel about the idea and outline the obligations and financial responsibilities that accompany such a gift. You may uncover some attitudes, as well as personal situations, that could affect how you would set up this joint ownership or whether to do it at all.

If those discussions still lead you to believe you want to continue

down that path, the next step is to seek the guidance of an estate planning professional who can discuss various forms of shared ownership that can potentially minimize future conflicts. Placing the home into a limited liability company, a family partnership, or into a trust and appointing an independent trustee to be responsible for making all decisions may help alleviate some of the tensions caused by direct ownership. You will have to include money in your estate to cover the carrying costs of the home for a reasonable period of time. You may also want to give your children a right of first refusal to purchase the home in the event of a future sale.

Your vacation home may have been a place that held your family together for many years. With insightful forethought, professional planning and proper documentation, you may be able to conserve the property and strengthen family bonds for the next generation. ■

“Many years of fond memories and family gatherings are contained within the walls of that home.”

LEGAL, INVESTMENT AND TAX NOTICE: This information is not intended to be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.

Featured Home

WANT TO SEE YOUR HOME FEATURED HERE?
GIVE US A CALL! - 239.472.1950



Price & Details: www.1846ArdleyWay.com

health assistance

by BPT

Elaine could be described as a woman with great determination and patience. She experienced kidney failure seven years ago and faced the reality of life with a chronic illness. She began receiving dialysis, a four-hour treatment three times a week, and anxiously awaited news of a kidney match. This miracle call happened earlier this year and Elaine was successfully transplanted on March 22, 2017.

Elaine's journey to receive a kidney transplant gradually unfolded thanks to her determination and the support of many people. She received care from her family and loved ones, who looked after her and shuttled her to and from many dialysis visits. She underwent gastric bypass surgery and worked closely with a dietitian to help her hit the target weight necessary to be eligible for transplant. She was a fortunate recipient of a donated kidney. Lastly, for seven years Elaine received financial support from a charity to afford her insurance premiums.

This financial support, known as charitable assistance, is a vital safety net that Elaine and approximately 15 percent of all dialysis patients need to maintain coverage.[1] Due to the significant amount of time required of dialysis, many people with kidney failure are unable to continue working. Many patients rely on charitable assistance to help cover insurance premiums and other health-related expenses. For patients like Elaine, charitable assistance helps ensure continuous care and allows them to choose the insurance coverage they



CHARITABLE HELP PROVIDES ACCESS TO LIFE-SAVING CARE

think is best for them at this most critical time. Without it, many patients may lose their private insurance coverage and with it, a number of other benefits, including access to the specialists they need to see.

Recently, a number of insurance companies have waged an attack against charitable assistance. In fact, thousands of patients have been pushed out of their health

insurance plans, facing the horrible reality of having their coverage taken away when they need it most.

Access to insurance, quality care and continuity of coverage for everyone, especially those with severe health issues, must be protected. If not, one group consistently loses: patients. Patients like Elaine.

For more success stories like Elaine's,

there is an equal and significant need for transplant donors—living or deceased. There are 97,000 people on the kidney transplant waiting list and the average wait time for a kidney donor match is three and a half years. [2] Nineteen thousand people received a kidney transplant in 2016; however, that still leaves many more people on the list, waiting to receive the phone call that they have been successfully matched with a donor.[3]

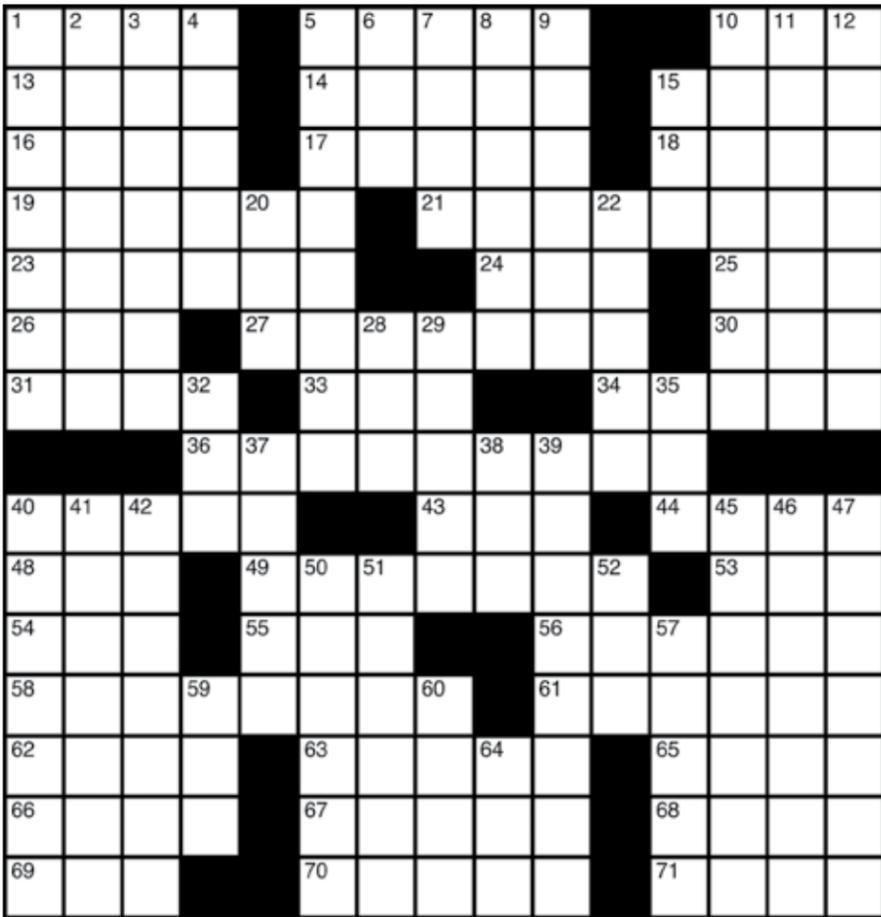
As the health care conversation continues in this country, there should be honest discussions about how patients access high-quality care, are able to visit the doctors and specialists they need, and are allowed to choose the insurance option that best meets their needs. Most importantly, patients in financial need should be able to get assistance, with appropriate guardrails, to help afford the costs. ■

To learn more, visit www.DaVita.com/Transplant.

1. DaVita Internal Data
2. United Network for Organ Sharing website. www.unos.org/data/transplant-trends/ Based on OPTN data as of May 25, 2017.
3. United States Renal Data System. 2014 USRDS annual data report: Epidemiology of kidney disease in the United States. National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, 2014.

CROSSWORD PUZZLE

just for fun



ACROSS

- 1 Liner
- 5 Hope ___
- 10 Shred of evidence?
- 13 A, to Bach
- 14 "I wanna do it"
- 15 See 18-Across
- 16 Turkish warlord
- 17 Physicist's proposed particle
- 18 Literally, forms an obstruction
- 19 See 23-Across
- 21 Camps
- 23 Literally, sacrifices to save one's own neck
- 24 Pod opener
- 25 RV chain
- 26 Chou En-___
- 27 Like adobe
- 30 Publicity
- 31 Sundance's love
- 33 Blackguard
- 34 Touch, for example
- 36 Toaster's words, and a hint to solving eight puzzle answers
- 40 Fills
- 43 ___ grass
- 44 World Golf Hall of Famer Aoki
- 48 Soul seller
- 49 1972 Olympics city

- 53 Beantown landmark, with "the"
- 54 Rile
- 55 End of August?
- 56 See 61-Across
- 58 Blocks
- 61 Literally, books
- 62 See 66-Across
- 63 Tin Pan Alley gp.
- 65 Mr. Bean's car
- 66 Literally, commits perjury
- 67 Onetime NPR host Hansen
- 68 Settled
- 69 "The Conspiracy Against Childhood" author LeShan
- 70 Itzhak Perlman choice
- 71 Tart fruit

- 12 On the line
- 15 String next to E?
- 20 Former NHL defenseman Krupp
- 22 Infomercial cutlery brand
- 28 It's frustrating to be in one
- 29 Scout group
- 32 Actor Vigoda
- 35 Center opening
- 37 Davis of "Do the Right Thing"
- 38 Tiananmen Square honoree
- 39 Lacking, with "for"
- 40 Stick on a slope
- 41 Blitz
- 42 Break on "Downton Abbey"
- 45 Reduced-price offering
- 46 Hall of "Coming to America"
- 47 Unlikely, as a chance
- 50 Historical records
- 51 Watch a friend's dog, say
- 52 The NBA's Magic
- 57 Cloverleaf branches
- 59 Old tape type
- 60 Bad mark?
- 64 Santa ___, California

DOWN

- 1 City named for a Duwamish chief
- 2 Snub
- 3 Come into
- 4 R&B singer Bryson
- 5 One to admire
- 6 Spell
- 7 Mideast monarch
- 8 Like some operators
- 9 Academic status
- 10 Supple leather
- 11 Whims

© 2017 Distributed by Tribune Content Agency, LLC.

PUZZLE answers



5	3	9	6	8	2	2	4	7	1
8	2	1	4	7	3	9	3	8	2
6	4	7	1	5	9	3	8	2	
1	7	3	8	2	5	9	4	6	
4	6	8	3	9	1	7	2	5	
9	5	2	7	4	6	1	3	8	
3	8	5	9	6	4	2	1	7	
7	9	4	2	1	8	5	6	3	
2	1	6	5	3	7	8	9	4	

SCRABBLE G R A M S

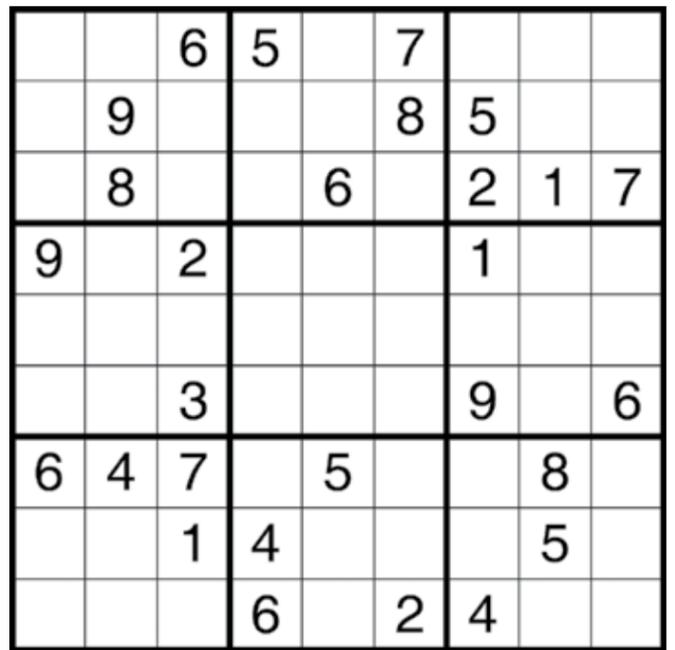
Hasbro and its logo, SCRABBLE®, associated logo, the design of the distinctive SCRABBLE brand game board, and the distinctive letter tile designs are trademarks of Hasbro in the United States and Canada. ©2017 Hasbro. All rights reserved. Distributed by Tribune Content Agency, LLC.

A ₁	E ₁	I ₁	K ₅	B ₃	T ₁	L ₁	RACK 1
E ₁	I ₁	U ₁	T ₁	P ₃	S ₁	D ₂	RACK 2
E ₁	E ₁	N ₁	H ₄	S ₁	R ₁	F ₄	2nd Letter Triple RACK 3
E ₁	O ₁	T ₁	C ₃	P ₃	N ₁	C ₃	RACK 4
I ₁	O ₁	F ₄	S ₁	N ₁	P ₃	F ₄	Double Word Score RACK 5

PAR SCORE 260-270
BEST SCORE 331
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. SOLUTION TOMORROW
For more information on tournaments and clubs, email NASPA-North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com

Sudoku

created by Crosswords Ltd.



Do You Know Where This Is On Sanibel?



Answer Us On Facebook! www.facebook.com/McCallionx2

THEY SAY IT'S NOT WHAT YOU KNOW – BUT WHO YOU KNOW. WE SAY IT'S BOTH.



FACT: SELLING YOUR HOME? IT PAYS TO KNOW MCCALLION & MCCALLION.

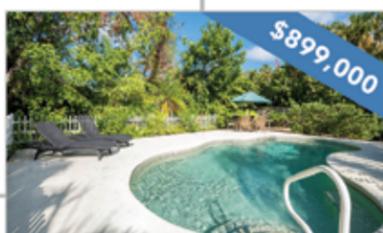
80 HOMES SOLD
Past 12 Months

VIEW ALL OUR LISTINGS
McCallionSells.com



\$599,000

TROPICAL OASIS
Charming Beachy Decor
Large Pool Lanai
Free Recorded Info:
(800) 298-9718 #1024



\$899,000

RENOVATED & READY
Robust Rental Income
Pool, Steps to Beach
Free Recorded Info:
(800) 298-9718 #1035



\$3,399,000

CAUSEWAY VIEWS
Bayfront Resort-Style Living
Pool, Boat Dock & Lift
Free Recorded Info:
(800) 298-9718 #1010



\$575,000

SCENIC SANIBEL
Short Distance To Beach
Large Yard & Storage Area
Free Recorded Info:
(800) 298-9718 #1037



\$549,000

SPACIOUS DUPLEX
Great Rental Potential
Near Shops & Businesses
Free Recorded Info:
(800) 298-9718 #1020



\$594,000

BEACH FRONT LIVING
Long Gulf Views
Great Condo Amenities
Free Recorded Info:
(800) 298-9718 #1022



\$1,150,000

GULF FRONT CONDO
Amazing Gulf Views
Spacious Floorplan
Free Recorded Info:
(800) 298-9718 #1025

But Don't Take It From Us! Here's What Our Clients Say...

★★★★★ **Highly likely to recommend**

"An amazing job by Susan and her fantastic team! Thank you so much for your hard work, and for finding the perfect buyer for my house! I could not be happier with the outcome."

-- Andy J. | July, 2017

M&CALLION
M&CALLION

1640 Periwinkle Way #1
239.472.1950
www.McCallionSells.com