

# YOUR SANIBEL

April 2019

## DON'T BE A HIPPO

by Jim McCallion

One day, while driving home from the bus stop, our youngest daughter, Abbie, asked what the word 'hypocrite' meant. She was six at the time and was actively building her verbal vocabulary - always asking the meaning of words she had heard. I have no idea where she heard this one, but I tried to explain in a way she could relate. I said, "A hypocrite is someone that does things they tell others not to do."

This she understood immediately and started rattling off examples: Her older brother telling her not to snack before dinner, who she then caught snarfing cookies in the pantry, Dad pulling out of the driveway before clicking on his seatbelt, Mom saying that electronics were bad before going to sleep, but was found texting on her phone in bed. She loved that there was a word for this!

Later in the day, she wanted to show off this new



vocab and went to accuse a sibling, but she couldn't remember the full word. She just remembered 'hippo', so she told her sister, "Don't be a hippo!" This got us all laughing and the phrase stuck in our family. Abbie may still not remember the word 'hypocrite', but she does know what it means to be a hippo.

I am reminded of this as I was reading about the new Jordan Marsh Water Quality Treatment Park off Casa Ybel Road.

If you are unaware, this is an impressive partnership

between the City of Sanibel and SCCF. The marsh will collect stormwater runoff and water pumped from the Sanibel Slough (some call the Sanibel River). Pollution in this water is removed as it slowly flows through a maze of wetland vegetation. Then the cleaner water returns to the Sanibel Slough.

This project is necessary because the water in our Slough is polluted with nitrogen and phosphorus. Does this sound familiar? These 'nutrients' are the same culprits we blame for the red

tide and blue-green algae blooms of last Summer.

We were all outraged when water polluted from agriculture in Lake Okeechobee was sent our way to protect Big Sugar. But Big Sugar and cow crap did not pollute Sanibel's fresh water. We did - the Sanibel community. And the Sanibel Slough is not alone. Most of our 70 bodies of water on Sanibel also suffer from this pollution. Not only does this affect wildlife on our island,

**CONTINUED ON PAGE 5**

### SANIBEL EVENTS

Octifest  
ON THE BEACH

SATURDAY  
APRIL 13TH  
2019



sanibel  
sea school

### OCTIFEST 2019

April 13th

6:30 PM

Causeway Island A



See The Full  
Sanibel Event  
Calendar on  
Page 4

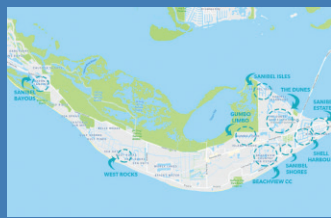
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Homes for Sale

PRESORTED STD  
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GREENFIELD, IN  
PERMIT NO. 67

**31 Condos Sold**  
**26 Single Family Homes Sold**  
on Sanibel & Captiva in  
Jan 1, 2019 - March 15, 2019



## Recently Sold on Sanibel and Captiva Islands

We've compiled a list of every property that has sold on Sanibel and Captiva Island over the past two and a half months. Turn the page to see what homes sold from January 1, 2019 through March 15, 2019. We also list how quickly each home

was sold, and the final closing price of each transaction. If you're thinking of selling your Sanibel home, these details can help you better understand the current real estate market here on the islands. ■

**CONTINUED ON PAGE 2**

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# HOUSES SOLD

## Island Sales - January 1, 2019 – March 15, 2019

### CAPTIVA ISLAND

	Subdivision	Address	Beds	Baths	Sq.Ft.	DOM	Close Date	List Price	Sold Price
CONDOS	BAYSIDE VILLAS	5234 Bayside Villas #5234	1	2	684	43	01/15/2019	\$399,000	\$389,000
	BEACH HOMES	13 Beach Homes #13	4	4	3,201	374	01/31/2019	\$3,949,000	\$3,750,000
	BEACH VILLAS	2428 Beach Villas #2428	2	2	1,043	31	02/28/2019	\$629,000	\$625,000
	BEACH VILLAS	2538 Beach Villas #2538	3	3	1,492	92	02/14/2019	\$909,900	\$900,000
	BEACH VILLAS	2625 Beach Villas #2625	2	2	1,043	376	02/07/2019	\$635,000	\$595,000
	LANDS END VILLAGE	1655 Lands End #1655	2	2	1,397	1,014	02/14/2019	\$1,055,000	\$989,000
	SUNSET CAPTIVA CONDO	15123 Captiva Dr #302	4	3	2,288	469	03/06/2019	\$2,248,000	\$1,800,000
1/2 DUPLEX	SOUTH SEAS RESORT	1102 Tallow Tree Ct	5	4	3,576	181	01/29/2019	\$2,995,000	\$2,800,000

### SANIBEL ISLAND - EAST

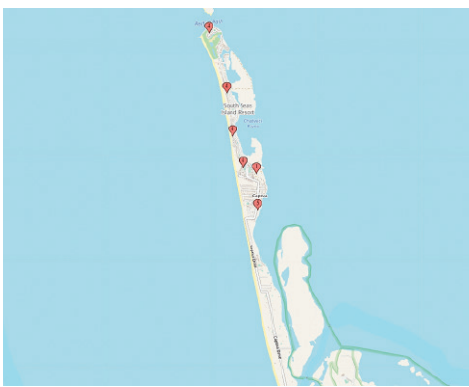
	Subdivision	Address	Beds	Baths	Sq.Ft.	DOM	Close Date	List Price	Sold Price
CONDOS	BAYVIEW VILLAGE	1239 Ferry Rd #2A	3	3	1,799	48	03/01/2019	\$749,000	\$735,000
	CAPTAINS WALK UNIT	641 Periwinkle Way #B2	1	1	638	581	03/14/2019	\$239,000	\$214,000
	COMPASS POINT	1299 Middle Gulf Dr #232	2	2	1,265	59	01/15/2019	\$659,000	\$585,000
	COQUINA BEACH CONDO	627 Nerita St #3C	2	2	1,079	100	02/08/2019	\$449,000	\$435,000
	LIGHTHOUSE POINT	200 Periwinkle Way #128	3	2	1,780	51	03/15/2019	\$699,000	\$650,000
	LOGGERHEAD CAY	979 E Gulf Dr #143	2	2	1,184	116	03/13/2019	\$799,000	\$715,000
	SANIBEL ARMS	805 E Gulf Dr #F8	2	2	1,000	90	02/28/2019	\$969,000	\$940,000
	SANIBEL MOORINGS	845 E Gulf Dr #1641	2	2	983	0	02/07/2019	\$560,000	\$560,000
	SUNDIAL WEST	1501 Middle Gulf Dr #D304	1	1	670	25	03/05/2019	\$399,900	\$400,000
	SUNDIAL WEST	1501 Middle Gulf Dr #D204	1	1	651	31	03/05/2019	\$419,900	\$395,000
	SUNDIAL WEST	1501 Middle Gulf Dr #F206	1	1	728	61	02/19/2019	\$429,000	\$420,000
	SUNDIAL WEST	1501 Middle Gulf Dr #G206	1	1	778	436	01/31/2019	\$464,900	\$457,500
	SUNDIAL WEST	1501 Middle Gulf Dr #J401	1	1	778	48	01/23/2019	\$589,985	\$561,750
	TENNISPLACE	1250 Tennisplace Ct #C32	2	1	688	283	02/28/2019	\$305,000	\$270,000
TENNISPLACE	1250 Tennisplace Ct #C23	2	1	688	121	02/20/2019	\$319,000	\$305,000	
SINGLE FAMILY	BEACHVIEW CC ESTATES	789 Pyrula Ave	4	2	3,093	98	02/20/2019	\$999,000	\$900,000
	BEACHVIEW CC ESTATES	824 Birdie View Pt	3	3	2,363	142	01/25/2019	\$995,000	\$850,000
	BUTTONWOOD SEAGRAPE	1127 Buttonwood Ln	3	2	1,788	88	02/27/2019	\$925,000	\$850,000
	DUNES SANIBEL	1426 Causey Ct	3	2	2,267	73	01/21/2019	\$1,099,000	\$1,090,000
	DUNES SANIBEL	1433 Sanderling Cir	3	3	2,761	224	01/18/2019	\$1,089,000	\$1,025,000
	METES AND BOUNDS	1230 Ferry Rd	3	4	2,282	73	03/01/2019	\$1,095,000	\$1,032,500
	SANIBEL ESTATES	542 N Yachtsman Dr	2	2	1,774	0	01/07/2019	\$920,000	\$920,000
	SHELL HARBOR	742 Sand Dollar Dr	2	3	2,081	119	03/08/2019	\$1,089,000	\$900,000
	SHELL HARBOR	925 Whelk Dr	3	3	3,488	79	03/06/2019	\$2,375,000	\$2,250,000
1/2 DUPLEX	DUNES SANIBEL	1442 Sandpiper Cir	2	2	876	113	03/15/2019	\$415,000	\$395,000
MULTI FAMILY	METES AND BOUNDS	849 Beach Rd	4	4	1,570	251	03/01/2019	\$595,000	\$550,000

### SANIBEL ISLAND - MID

	Subdivision	Address	Beds	Baths	Sq.Ft.	DOM	Close Date	List Price	Sold Price
CONDOS	CLAM SHELL	1801 Olde Middle Gulf Dr #E	3	2	1,362	42	01/29/2019	\$949,000	\$940,000
	COTTAGE COLONY WEST	2255 W Gulf Dr #116	1	1	827	157	03/15/2019	\$625,000	\$590,000
	COTTAGE COLONY WEST	2255 W Gulf Dr #108	1	1	827	672	03/01/2019	\$624,900	\$601,000
	ISLAND BEACH CLUB	2265 West Gulf Dr #320F	2	2	1,350	101	02/01/2019	\$699,000	\$639,000
	KINGS CROWN	2721 W Gulf Dr #311	3	2	1,750	63	02/26/2019	\$999,000	\$937,500
	NUTMEG VILLAGE	2777 W Gulf Dr #103	2	2	1,276	137	03/04/2019	\$795,000	\$775,000
	SAND POINTE	2737 W Gulf Dr #117	2	2	1,034	80	01/08/2019	\$799,000	\$787,000
	TARPON BEACH	2475 W Gulf Dr #112	2	2	1,185	38	02/25/2019	\$1,149,000	\$1,100,000
SINGLE FAMILY	GUMBO LIMBO	9448 Cotten Ct	3	2	2,219	114	03/11/2019	\$875,000	\$800,000
	LITTLE LAKE MUREX	585 Lake Murex Cir	3	2	1,665	514	03/01/2019	\$659,000	\$589,000
	SANIBEL HIGHLANDS	531 Piedmont Rd	3	2	1,365	219	02/13/2019	\$439,500	\$415,000
	SEAGULL ESTATES	243 Daniel Drive	4	3	3,638	107	02/28/2019	\$1,394,000	\$1,300,000

### SANIBEL ISLAND - WEST

	Subdivision	Address	Beds	Baths	Sq.Ft.	DOM	Close Date	List Price	Sold Price
CONDOS	BLIND PASS	5117 Sea Bell Rd #C102	2	2	1,207	0	12/17/2018	\$459,000	\$455,000
SINGLE FAMILY	CHATEAUX SUR MER	4689 Rue Belle Mer	5	6	6,898	64	02/05/2019	\$6,995,000	\$6,450,000
	DEL SEGA	2640 Coconut Dr	2	2	1,753	146	02/22/2019	\$1,375,000	\$1,190,500
	DEL SEGA	2479 Blind Pass Ct	3	2	2,337	173	02/21/2019	\$874,900	\$725,000
	DEL SEGA	2622 Coconut Dr	5	3	4,046	220	01/21/2019	\$2,799,000	\$2,550,000
	DEL SEGA	6412 Pine Ave	3	2	2,111	231	01/10/2019	\$1,175,000	\$1,000,000
	GULF PINES	4290 Gulf Pines Dr	3	2	2,108	66	01/25/2019	\$595,000	\$510,000
	GULF SHORES	998 Fish Crow Rd	3	2	1,804	831	02/27/2019	\$550,000	\$500,000
	HERONS LANDING	5407 Osprey Ct	4	3	2,824	53	03/01/2019	\$1,595,000	\$1,260,000
	SANCTUARY AT WULFERT	2969 Wulfert Rd	6	6	5,954	364	02/07/2019	\$1,995,000	\$1,950,000
	SANIBEL BAYOUS	5280 Ladyfinger Lake Rd	3	2	1,868	139	02/26/2019	\$789,000	\$720,000
	SANIBEL RIVER ESTATES	498 Surf Sound Ct	3	3	1,828	240	01/09/2019	\$885,000	\$840,000
	SEA OATS	568 Sea Oats Dr	3	2	2,233	145	01/31/2019	\$749,000	\$730,000
	TRADEWINDS	4771 Tradewinds Dr	3	3	2,360	228	02/20/2019	\$1,795,555	\$1,550,000



Captiva Island



Sanibel Island

Data is taken from the Sanibel and Captiva MLS and represents the number of homes sold from January 1, 2019 - March 15, 2019.

## Q & A with the real estate expert



# Streamline the Home Search Process

**Q** Dear Susan, After a lot of consideration, I am finally ready to move to a new home. Since I have lived in my current home for several years, I am a bit anxious about starting my search. After all, I haven't looked for a house—or even thought about it—in quite a while. Plus, when I purchased my home, I was a first-time buyer, and sometimes I felt a little overwhelmed and frustrated by the process. I am very excited about finding a new home that meets all of my criteria and expectations, and I know that my dream home is waiting for me. But I want to make sure that the process is

a little less stressful this time. What advice can you offer to make my home search go more smoothly?

**A** Dear Kate: Buying a home is a major investment, so it's only natural to feel nervous when beginning your search—no matter how long it's been since you last purchased a house. According to a report compiled by the National Association of REALTORS® (NAR) entitled "2018 Profile of Home Buyers and Sellers," buyers viewed a median of 10 homes before making a purchase. However, it's important to stress that this number varies greatly for each buyer. Some buyers find a home after looking at only one, while others may tour dozens. So keep in mind that there is no magic number. If you start to feel frustrated, remind yourself that the home search process is different for everyone, and remember to stay positive. It may take a while, but when you find your new home, you will know that it's absolutely perfect for you.

*The following advice will help make the search for your new home less overwhelming:*

**Make a detailed list.** Most likely,

you already know what type of home estate agent. I have in-depth, up-to-date knowledge of the local market, so I'm more than happy to work with you to offer advice and guidance during your search. And since I also have access to the MLS, I may even know the inside scoop about homes before they are listed for sale.

**Research homes for sale online before scheduling tours.** Without a doubt, the digital age has greatly enhanced the home search process, and websites, such as Zillow, Trulia, and realtor.com, are invaluable tools for buyers. These sites provide specific information, including the square footage, the number of bedrooms and baths, and much more. So they are extremely useful and can help you find homes that match the features on your list. Online research can also save you a lot of time because you can eliminate houses that aren't a good fit, so you won't have to tour them.

**Narrow down your search.** Choose a particular community that really appeals to you and focus on viewing homes in that area. This will give you some direction and limit the scope of your search, which will help facilitate the process.

**Seek the expertise of a real estate agent.** I have in-depth, up-to-date knowledge of the local market, so I'm more than happy to work with you to offer advice and guidance during your search. And since I also have access to the MLS, I may even know the inside scoop about homes before they are listed for sale.

**Have fun.** Searching for a new home is an exciting experience. So make sure that you don't stress too much over the process. You're preparing to embark on a new chapter in your life, so enjoy yourself.

**Trust your instincts.** When you find the perfect home, make an offer. Don't wait. If you truly love the home, you definitely don't want to risk losing it to another buyer.

When you're ready to begin searching for your new home, feel free to call me at 239-472-1950. I would be happy to answer any questions or schedule a time to meet to discuss your particular needs. ■



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# ASK SUSAN

YOUR SANIBEL



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# ISLAND EVENTS

## what's happening on Sanibel and Captiva



**APR 20** Beer in the Buses  
6 - 10 pm  
SCCF

Beer in the Buses has become the unofficial End-of-Season Party. Whether you're looking for new craft beer tastings, great food, world-class music, or just a chance to catch up with fellow islanders at the end of a very busy tourist season, Beer in the Buses is the place to be.



### Island Churches and Service Times:

**Bat Yam Temple of the Island**  
Friday, 7:30 pm (November - April)  
Saturday, Adult Ed 9-11:30 am  
Saturday, Jewish Current Events  
11:15 am-12 noon

**Captiva Chapel By The Sea**  
Seasonal, November - April  
Sunday, 11:00 am

**Sanibel Community Church**  
Sunday  
8:00 am - Traditional w/  
Communion  
9:00 am - Contemporary w/Kid's  
Church  
10:15 am - Fellowship in Courtyard  
11:00 am - Traditional w/Choir

**Sanibel Congregational United Church of Christ**  
Sunday  
7:45 am - Chapel  
9:00 am - Full Service w/Childcare  
and Sunday School  
11:00 am - Full Service w/Childcare

**St. Michael and All Angels Episcopal Church**  
Saturday, 5:00 pm - Rite II  
Sunday, 8:00 am - Rite I  
Sunday, 10:30 am - Rite II,  
Sunday School

**St. Isabel Catholic Church**  
Saturday, 5:00 pm  
Sunday, 8:30 am & 10:30 am

**APR 10** "The Endless Journey" Discussion  
April 10 • 3:00-4:00pm  
Captiva Memorial Library

Local author David Gaggin, NASA engineer and host of "The Common Sense Spirituality Show" on iHeart Radio, will discuss his book The endless journey: A unique perspective on mankind's origin, purpose and ultimate destiny.

**APR 13** OCTIFEST 2019  
April 13 • 6:30pm  
Causeway Island A

Sanibel Sea School's annual bayside celebration of ocean love. Tickets are \$150 per person and include cocktails, a delicious dinner, live and silent auctions, the company of good friends, and a few fun surprises.

**APR 15** The Joy of Life Story-writing  
April 15 • 2:00-3:00pm  
Sanibel Public Library

Linda Abbott will share tips, tools and resources for people to write their own life story, or capture and preserve the memories of loved ones. Participants will learn about techniques, such as timelines and memory sparks to recall more of the past, and the many benefits of life story writing. Abbott will also review ethical wills, also called legacy letters, which pass on values, wisdom, and faith traditions.

**APR 17** Alzheimer's Caregiver Training  
April 17 • 10:00am-1:00pm  
Sanibel Congregational UCC

F.I.S.H of SanCap presents a comprehensive 3-hour Dementia-related Disease training facilitated by a Certified Practitioner. According to the Alzheimer's Association, there are an estimated 5.7 million Americans currently living with Alzheimer's disease and 16.1 million unpaid family caregivers.

**APR 21** Island Style Easter Egg Hunt  
April 21 • 10:00am-11:30am  
Adventures in Paradise

Join the Easter Bunny! Cruise the San Carlos Bay and along the way catch a glimpse or two of dolphins! Arrive at Picnic Island to find a thousand eggs with treats and experience Easter egg hunting like you never have before!

**APR 22** Earth Day at DING  
April 22 • 7:00am-4:00pm  
DING Darling

To celebrate Earth Day, Wildlife Drive will be free for hikers and bikers only. The visitor center will have recycled Earth crafts from 10am-3pm, with film discussions taking place throughout the day. Plus, you can meet BAGZILLA in person!

**APR 23** San-Cap Chamber Annual Meeting  
April 23 • 5:30-7:30pm  
Sundial Resort

The Annual Meeting is a great opportunity to get all chamber members together to share our 2018 accomplishments and hear exciting plans for 2019! Complimentary presentation and awards ceremony starts at 5:30pm, with 6:30pm Cocktail Reception & Cash Bar (\$50.00 per person in advance).

### EASTER SERVICES

**CAPTIVA CHAPEL BY THE SEA**  
Sunday, April 21 - 11 am Worship Service

**SANIBEL COMMUNITY CHURCH**  
Sunday, April 21 - 6:30 am Sunrise Service  
Sunday, April 21 - 8 am, 11 am Traditional Service  
Sunday, April 21 - 9 am Contemporary Service

**SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST**  
Sunday, April 21 - 7:45am Chapel Service  
Sunday, April 21 - 9:00am, 11:00am Full Service

**ST. MICHAEL AND ALL ANGELS EPISCOPAL CHURCH**  
Saturday, April 20 - 8 pm Easter Vigil  
Sunday, April 21 - 7:30 am, 9:30 am, 11:30 am

**ST. ISABEL CATHOLIC CHURCH**  
Saturday, April 20 - 8:30 pm Holy Saturday  
Sunday, April 21 - 7 am, 9 am, 11 am

## Featured Home

WANT TO SEE YOUR HOME FEATURED HERE?  
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Price & Details: [www.1410AlbatrossRoad.com](http://www.1410AlbatrossRoad.com)



## Sanibel - Top Selling Communities of 2018

### HOME SALES

Subdivision	# of Sales	Avg Sell/List	Avg List Price	Avg Close Price	Median Close Price
DUNES SANIBEL	28	96%	\$656,679	\$628,009	\$604,000
BEACHVIEW CC ESTATES	16	94%	\$994,500	\$937,006	\$910,000
SANIBEL ESTATES	13	95%	\$1,243,769	\$1,179,139	\$1,040,000
SHELL HARBOR	11	95%	\$1,236,409	\$1,175,386	\$1,125,000
SANIBEL BAYOUS	9	94%	\$579,311	\$547,889	\$540,000
ROCKS WEST	7	95%	\$934,286	\$878,357	\$765,000
SANIBEL SHORES	7	96%	\$668,839	\$640,982	\$639,875
GUMBO LIMBO	6	95%	\$560,083	\$531,917	\$534,750
SANIBEL ISLES	6	93%	\$1,438,000	\$1,333,333	\$1,300,000

### CONDO SALES

Subdivision	# of Sales	Avg Sell/List	Avg List Price	Avg Close Price	Median Close Price
LOGGERHEAD CAY	16	96%	\$638,850	\$613,500	\$572,000
SUNDIAL WEST	15	97%	\$619,167	\$600,167	\$597,500
BLIND PASS	7	97%	\$446,129	\$430,714	\$430,000
SANIBEL MOORINGS	7	95%	\$589,571	\$556,143	\$510,000
TENNIS VILLAS (Captiva)	7	96%	\$317,143	\$303,373	\$305,000
MARINER POINTE	6	94%	\$515,150	\$487,433	\$472,500
NUTMEG VILLAGE	6	96%	\$812,667	\$776,667	\$725,000

by Susan McCallion

Do you live in a “hot” and poppin’ neighborhood on the island? Not the temperature hot. I’m talking about home sales hot. If your community had more than six home sales last year, we’re considering it “hot” in this case. After all, our island typically averages between 300-400 home sales a year.

#### WHAT MAKES A NEIGHBORHOOD HOT??

To be honest, it’s usually just the size of the neighborhood. Communities with more homes to sell will have more total home sales at the end of the year.

For example, the Dunes of Sanibel had the highest number of sales last year with 28 home sales. I should note that 7 of the sales were actually 1/2 duplexes within the Dunes, not single family homes. So this reflects a slightly higher number of sales and lower average in sales price as you might expect.

Beachview Country Club Estates was the second “hottest” selling community in 2018, with 16 total home sales. The stats were interesting to me as a homeowner and Realtor on island, so I thought you’d like to check them out as well. The data was taken from our San-Cap MLS at the end of February 2019.

#### WHERE ARE THE TOP SELLING COMMUNITIES??

Predominantly on the east end of the island. Why? Well, for one, there are simply more homes on the east end of the island. There are bayside homes, Gulf Front homes, and homes in the middle of this wider part of the island. As you notice on the map, the west end of Sanibel is mostly green preserved land on the bayside of the island with less developed land for housing.

#### WHAT ABOUT CONDOS??

The same rules apply to condo communities in

regards to the size of the complex. Obviously the larger complexes have more inventory to sell. I was surprised that Sundial West wasn’t on the top of the list actually. Even though Loggerhead Cay only took the top spot with one more unit sold than Sundial.

Of course these stats don’t mean a thing in terms of what neighborhood is “better” than another on island. As you know, each community has its own unique characteristics and feel about it. For those thinking of selling in the next year or two, these stats are more useful when drilled down to see what exactly sold and for how much.

Didn’t see your community on the list? That just means it had fewer than 6 homes sales last year. Shoot me an email or give us a call and I’d be happy to find the stats for your neighborhood specifically. Susan@McCallionRealty.com or 239-472-1950. ■

*About the Author: Susan McCallion, Island Resident, Co-Founder and Brokers of McCallion & McCallion Realty.*

## Hippos (continued from page 1)

but it contributes to the overall water quality of our local Bay and Gulf water.

Our desire for expanses of green grass is a primary cause. The fertilizer we spread on our lawns, exotic plants and golf courses washes out with the heavy rain into our lakes, storm sewers and ocean. The good news is that every

Sanibel homeowner can work to improve this problem.

- Use more native ground covers instead of grass.
- Install plantings and porous material around roof downspouts to aid in groundwater absorption.
- Plant a native buffer along the shore of waterfront property.

The easiest action to take is to

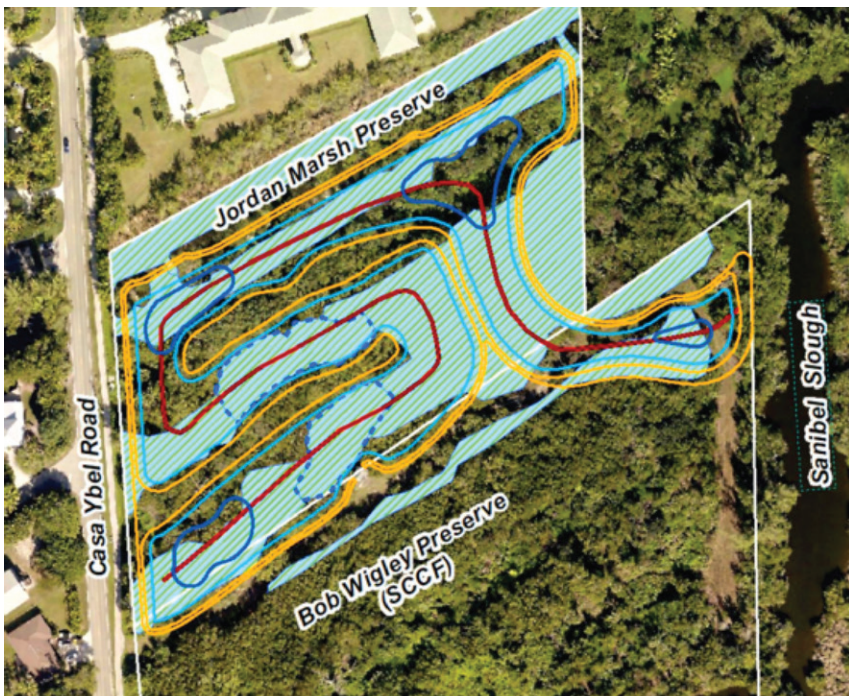
stop over-irrigating your yard. Cut back slowly and see what level of water your yard really needs.

Our family shares in contributing to our island water pollution as almost everyone with a yard does. But we are working to minimize the impact of our home by limiting our grass to the front yard, installing lots of

drought tolerant vegetation, and having native flowers and small shrubs along the lake. The goal is to minimize the need to apply fertilizer and water, to slow runoff, and increase water absorption. The folks at SCCF’s Native Plant Nursery can give you great advice on what you can do.

If you’ve been following the

news, you’ll know that there is hope for big changes in how Lake Okeechobee water is managed. We rightfully demand the entire State of Florida to own responsibility and take action to clean our water. If we don’t do the same in our own community, Abbie will be calling us all ‘hippos’, not just her Mom and Dad. ■





# THE TUB *Stands Alone*

by Kathryn Weber

Looking for a place to melt away your cares and relax? Look no further than a freestanding tub. While once looked upon as old-fashioned, the freestanding tub has been updated and is no longer relegated to the sidelines. With sleek and contemporary lines, freestanding bathtubs have made a resurgence and offer a chic and updated look to your bathroom.

### NO MORE WALLFLOWER

After decades of being built-in to the bathroom and integrated into the walls, tubs have cut their ties and are holding their own. A freestanding tub is a wonderful choice if you're considering a remodel or you want to add more emphasis to the bathroom. These tubs come in a variety of shapes, sizes and materials, and they take center stage, making a natural focal point in your bathroom.

### MATERIAL INTEREST

Tubs in the past have generally come in two materials: cast-iron or fiberglass. However, new freestanding tubs can run the gamut in materials. They can still be found in cast-iron and fiberglass, but they can also be found in metals, like stainless steel, copper and brass, or wood, acrylic, resin or stone. Tubs made of stone and resin can be especially heavy, so if

“A freestanding tub is a wonderful choice if you’re considering a remodel or you want to add more emphasis to the bathroom.”

one of these captures your heart, take into account whether the flooring can support the weight of the tub. Tubs made of fiberglass, acrylic or metal will have a lighter weight.

### SHAPE AND STYLE

There is a range of shapes to choose from in freestanding tubs. One of the most common and quintessential-looking tubs is the old claw-footed

variety. These tubs helped define tub shape and style since the beginning of their appearance in the 1800s. There is the most common, single end. This has a long oval at one end that allows the bather to lean against the back of the tub comfortably. This is followed by a single slipper, with the lounging end sloped slightly, the double slipper, with two ends sloped allowing two bathers to comfortably

relax in the tub, and a double ended tub, where both sides are shaped similarly.

But there's still more choice in shape. Tubs today can be oval, square or round. One freestanding tub that is especially nice is a Japanese-style soaking tub. These tubs take up less square footage, but they're deeper and enable the bather to soak up to their shoulders. It's a unique shape and style, but it's perfect for small bathrooms or for a deeper soaking experience.

### DETAILS, DETAILS, DETAILS

Getting your freestanding tub into place will also require you to consider the drain hole and where it is located in relationship to the tub placement. Plumbing should also be taken into account, as it will either need to be freestanding or mounted on a wall to fill the tub.

When determining where to place your freestanding tub, think about it as a focal point. It can be placed next to a window, such as a bay window, or where there is a natural spot in your bathroom where your eye falls as you enter. This is a great way to take advantage of and play up the shape of your tub, and turn your bathroom into a bathing destination. ■

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# Right Palm, Right Place

Nothing says “Florida Living” like palm trees! Whether you’re visiting the Sunshine State for Spring Break, the Holidays, or returning home to Sanibel from a trip up north, you can’t help but notice the variety of tropical palm trees we have here in Southwest Florida!

As Florida homeowners, it only makes sense that we would want to include tropical palms in our personal landscapes. There are a variety of palms for a variety of design considerations within the landscape; below are just a few ways to incorporate palms into your yard.

## PALMS AS DESIGN ELEMENTS

Palms are commonly used as a design element to accentuate the architectural character of a home and to provide a sense of scale in the landscape. When considering which palms to select for your home, it is important to reflect on what type of home you are landscaping.

Do you live in a ground level home, or is your home elevated on pilings and 3-stories tall? Palms often look great when they are first planted but within just a few years can outgrow the space and look out of place in the yard, so make sure to understand the mature height and growth rate of the desired palm before planting.

## PALM OPTIONS FOR ELEVATED HOMES:

- Royal (Roystonea regia)
- Foxtail (Wodyetia bifurcata)
- Coconut (Cocos nucifera)

## PALM OPTIONS FOR GROUND-LEVEL HOMES:

- Adonidia (Adonidia merrillii)
- Pygmy Date (Phoenix roebelenii)
- Bottle (Hyophorbe lagenicaulis)
- Buccaneer (Pseudophoenix sargentii).

Photo: Scale

## ACCENT PALMS

Character palms located in a center driveway island or prominent bed area in the yard can become a focal point in the design and offer a backbone to orient the rest of the design around.

Common accent palms include:

- Canary Island Date Palm (Phoenix canariensis)
- Silver Bismarck Palm (Bismarckia nobilis)
- Multi-stem Sylvester Date Palm (Phoenix sylvestris)
- Seven-stem Adonidia (Adonidia merrillii)



## PRIVACY BUFFERS

Few plants create a better screen and instant tropical buffer than palms. Multi-stem palms that bear lots of fronds or have full canopies add privacy when planted together. Multiple layers can block unsightly sides of buildings or add privacy to residential windows, outdoor living areas and pool decks.

Common buffer palms include:

- Areca (Dypsis lutescens)
- Coconut Palms (Cocos nucifera)
- Fishtail Palms (Caryota urens)



## SALT TOLERANT PALMS

Few palms can tolerate the direct wind and salt spray from the Gulf. When planting palms along the waterfront, there are just a few that will perform well. Coconut palms are the most well-suited palms that can tolerate the harsh conditions on the beach. Palms in the Date family like Medjool (Phoenix dactylifera) and Sylvester Date palms can also tolerate the harsh weather conditions.

It is NOT recommended to plant Royal, Adonidia or Foxtail palms on the beach front side of the property, as the fronds will burn and turn brown due to salt spray.



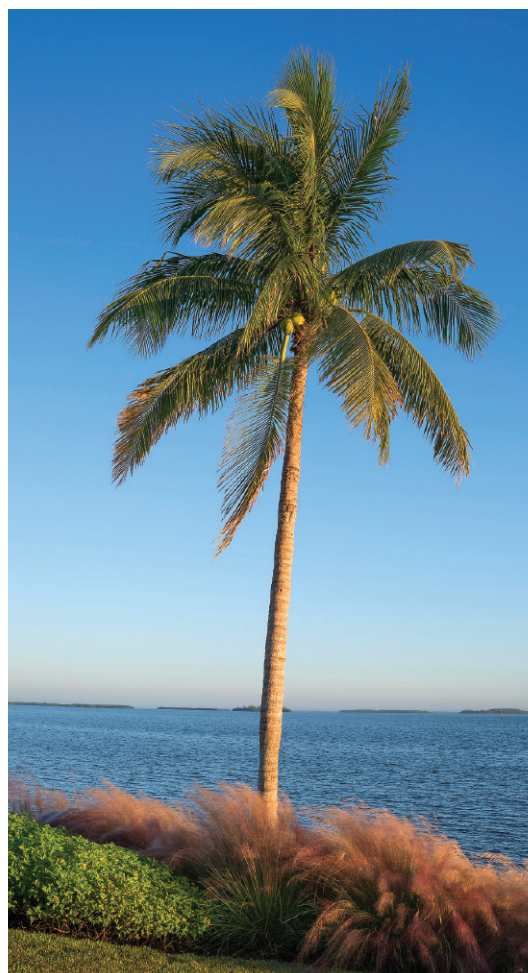
## LOW MAINTENANCE PALMS

It’s no surprise that our native palms are also low maintenance. Native palms require little to no fertilizer, and are commonly more pest and disease resistant as they are adapted to grow best in the heat, humidity, and native soil conditions.

Palms that are native to Sanibel and Southwest Florida include the Sabal or Cabbage Palm (Sabal palmetto), Royal palm, Buccaneer palm, Everglades Palm (Acoelorrhaphe wrightii), Key Thatch palm (Thrinax morrisii) or Silver Saw Palmetto to name a few.

Each of these palms is distinctively different from the other and has its own purpose within the landscape. Palms that drop expired fronds without pruning also reduce maintenance efforts. Self-shedding palms include: Royal, Adonidia, Alexander and Foxtail palms to name just a few.

With this information you will be more confident when approaching your next landscape project! ■



IN THE YARD



**Leigh Gevelinger**  
Landscape Architect,  
President of Coastal  
Vista Design, Inc.  
**239-558-4610**

*Leigh Gevelinger, is a Landscape Architect and President of Coastal Vista Design, Inc. For more than 8 years, Leigh has been helping homeowners and businesses on island with well-designed landscape solutions.*

## changing diets

### TOP TIPS FROM A REGISTERED DIETITIAN

#### Eating to age Gracefully

What if you were 60 but felt more like you were 30? Consider taking charge of your nutrition by adding in foods that help you feel decades younger.

“What you eat and drink can have a tremendous impact on how you look and feel,” says Dawn Jackson Blatner, Registered Dietitian and Nutritionist. “Eating healthy is important at any age, but as you get older, certain foods can have a powerful impact on your overall well-being.”

#### Dawn’s top picks for food that fight aging include:

##### FISH

“Try substituting fish into meals a few times a week,” says Dawn. “Americans tend to eat less fish than people in other parts of the world and they are missing out on great-tasting protein that’s packed with omega-3s.”

Omega-3s support brain and heart health, two important considerations as you age. In fact, Mayo Clinic doctors believe that omega-3s reduce the risk of dying of

heart disease.

“Fatty fish like salmon, tuna, sardines and mackerel are good options,” she says. “Try buying wild-caught versus farm-raised when possible.”

##### EGGS

“Many people don’t realize the benefits of eating eggs, and when you choose the right type of egg, you get higher levels of omega-3s, B12, and vitamin E, all nutrients needed for healthy aging,” says Dawn.

She suggests Eggland’s Best eggs, which have 25 percent less saturated fat, more than double the omega-3s, 10 times more vitamin E, and more than double the amount of vitamin B12. Eggland’s Best has superior nutrition due to its proprietary all-vegetarian hen feed that contains healthy grains, canola oil and a wholesome supplement of rice bran, alfalfa, sea kelp and vitamin E.

Our ability to absorb energizing B12 decreases with age, so getting B12 in places like EB eggs is important. Also important in EB eggs is the antioxidant

vitamin E, which can act like an internal “sunscreen” to protect skin from sun damage and help skin age more gracefully.

“A better egg equals a better recipe,” she says. “Eggland’s Best eggs are the only eggs I recommend to my clients and serve to my family - double the omega-3s will help promote healthier aging.”

##### BERRIES

“Antioxidants protect your cells from damage and support a strong immune system,” says Dawn. “This is incredibly important as you age so you can stay healthy and feel younger.”

Packed with vitamins C and E, berries are a superfood great for snacking and cooking. Try eating an array of colorful berries each week to give your body the antioxidants it craves. Blueberries are particularly well-known for their antioxidant properties.

“The sky is the limit for berry versatility,” she says. “Sprinkle some in yogurt, make a smoothie, add some to a salad or eat as a healthy dessert.”



##### CRUCIFEROUS VEGETABLES

“Pack your plate with cruciferous vegetables as you age,” says Dawn. “These are members of the cabbage family and include broccoli, cauliflower, Brussels sprouts, bok choy and kale.”

These tasty greens are great fresh or cooked, providing plenty of fiber to help keep your digestion on track, which is a concern for

many as they age. But there’s more: The National Cancer Institute states that cruciferous vegetables may help reduce the risk of some cancers.

“These dark-green powerhouses pack a nutritional punch that supports healthy aging, so discover recipes that include cruciferous vegetables and other ‘anti-aging’ foods.” ■

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## health advice

### 5 TIPS FOR BETTER HEALTH CARE—AND LOWER COSTS

For many people, the beginning of the year is a customary time to assess their health and finances. And for most Americans, new health plan benefits have kicked in. Do you know how your health plan works? If not, now is an ideal time to learn how to make it work for you.

Rebecca Madsen, chief consumer officer of

UnitedHealthcare, offers the following five tips that may lead you to better health and even help save you money.

#### 1. UNDERSTAND YOUR PLAN

You may be able to save yourself a lot of time, stress and money if you take time to understand your plan before you need to use your benefits. Learn

what your health plan covers—including medical, pharmacy and preventive benefits. When in doubt, call the number on your health plan ID card to get the most up-to-date information.

It’s also a good time to make sure you understand common health plan terms, such as deductible, copay and coinsurance.

#### 2. ASK ABOUT LOWER-COST PRESCRIPTIONS

Talk to your doctor about the cost of your medication. They may be able to help find the most affordable option for you. Many doctors are now using technology like PreCheck MyScript that enables them to view precise medication costs in real time before leaving the exam room.

You may be surprised to learn that generic medications are often more affordable than their brand-name equivalents. In addition, some pharmacy benefit plans now offer discounts at the point of sale in the form of rebates, also known as a partial refund, from pharmacy manufacturers. These discounts could potentially lower your out-of-pocket costs on select medications.

#### 3. STAY IN-NETWORK

You can help keep costs down by staying in-network for your health care services. Your insurance company has contracted with certain health care providers to pay a certain amount of money

for your visits, usually at a discounted rate. Because of those discounts, you pay less when you see a health care provider within the network versus one who’s outside the network.

For out-of-network providers, your insurance may cover only a fraction of the cost of care—or none at all—depending on your plan. Before you make your next appointment, check with your health plan to make sure the provider or facility is in network.

#### 4. KNOW YOUR CARE OPTIONS BEFORE YOU GO

If your health issue isn’t an emergency, it’s usually best to go to your primary care doctor for care. Your doctor knows you and your health history, can easily access your medical records, can take care of many health needs, provide follow-up care and refer you to specialists.

If it’s not possible to visit your regular doctor, you may be able to receive fast, professional and lower cost care at an urgent care

center, a convenience care clinic or an online doctor visit. Online doctor visits are a great option for treating conditions such as colds, migraines and allergies. Online visits may cost as low as \$40 or \$50 per visit, much less than a trip to urgent care or an emergency room.

#### 5. TAKE ADVANTAGE OF WELLNESS DISCOUNTS AND INCENTIVES

Many health plans now offer financial incentives that reward you for taking healthier actions, such as completing a health survey, exercising or not using nicotine.

An increasing number of employers are offering wellness discounts and incentive-based wellness programs to help their employees improve their health. These initiatives may also lead to increased employee satisfaction, productivity and reduced costs.

For more tips and easy-to-understand information about health care, visit the UnitedHealthcare Newsroom at [newsroom.uhc.com](http://newsroom.uhc.com). ■

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Q2-2019



# PORTFOLIO REVIEW & STRATEGY

by Ian N. Breusch,  
Chief Investment Officer, The  
Sanibel Captiva  
Trust Company

Following a rather tumultuous December, stock markets quickly rallied higher during the first quarter of 2019. In fact, stock markets have largely erased much of what transpired in December. We believed much of the trading activity, particularly late in December, did not reflect the fundamentals of the economy or individual companies. Nonetheless, it was encouraging to see how quickly market participants reversed course in the new year. As is often the case, a rapid sell off is often followed by an equally speedy recovery.

As we look forward to the second quarter, some of the concerns regarding a global economic slowdown remain, but many have subsided. Earnings for U.S. companies remain solid overall, but are not nearly as robust as what we experienced last year on the back of corporate tax reform. We continue to expect positive GDP and earnings growth in the U.S. this year, but results will be more muted than in prior years. Europe is struggling

with anemic economic growth, and the ongoing “Brexit” saga is not helping matters. The U.S. and China continue to negotiate their trading relationship, and concerns remain about China’s economic growth prospects, regardless of whether the two sides reach a new deal.

On December 19th, the Federal Reserve Board raised the federal funds rate another 0.25%. The stock market volatility that ensued is well documented, but the reaction in the bond market was equally notable. The yield curve flattened out further, and the inversion between two-year and five-year Treasury bonds remains. Given the market’s reaction to the Fed’s latest increase, we do not expect any further rate increases in 2019. Furthermore, investors (via futures contracts) are betting that we have already experienced the peak for interest rates in an economic expansion that began 10 years ago. For the first time in many years, market participants expect the next Fed action to push rates lower, instead of higher. While we do not anticipate a recession in 2019, the fact that we are reaching an inflection point with interest rate policy coincides

with our view that we are closer to the next recession than farther away.

As a matter of investment philosophy at The Sanibel Captiva Trust Company, we

**“For the first time in many years, market participants expect the next Fed action to push rates lower, instead of higher.”**

believe wholeheartedly that investors should not make significant portfolio changes simply because we may be drawing closer to the end of an economic expansion. Instead, we believe in building an asset-allocation mix between high-quality stocks, bonds, and cash that makes good sense in any market environment (good or bad) and that ties back to each client’s unique long-term goals. The long-term performance objectives we set with our clients already assume we will have periods

of time (like December) when stock markets move lower.

Given the backdrop highlighted above, we believe we are well positioned for the long term. Our growth-

you with your investment strategy, please contact us for a consultation at [www.sancaptrustco.com](http://www.sancaptrustco.com).

#### About The Sanibel Captiva Trust Company

The Sanibel Captiva Trust Company is an independent trust company with \$2 billion in assets under management that provides family office and wealth management services, including investment management, trust administration and financial counsel to high net worth individuals, families, businesses, foundations and endowments. Founded in 2001 as a state-chartered independent trust company, the firm is focused on wealth management services that are absolute-return oriented and performance driven. Each portfolio is separately managed and customized specifically to the client’s yield and cash-flow requirements. The Naples Trust Company and The Tampa Bay Trust Company are divisions of The Sanibel Captiva Trust Company. Offices in Sanibel-Captiva, Naples, Tampa, Belleair-Clearwater and Tampa’s coastal communities. [www.sancaptrustco.com](http://www.sancaptrustco.com)

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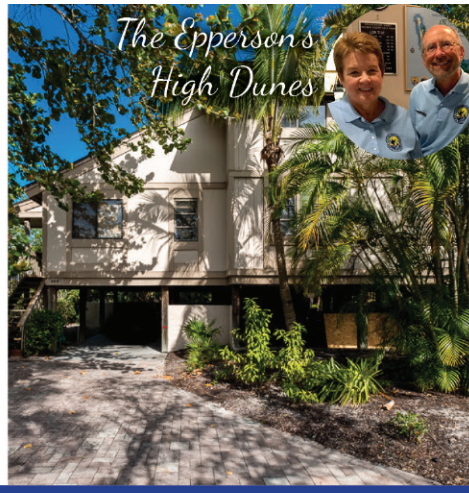
**Ian N. Breusch**  
Chief Investment  
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239.774.4000

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# COMMUNITY



*The Madda's  
Sanibel Shores*



*The Epperson's  
High Dunes*



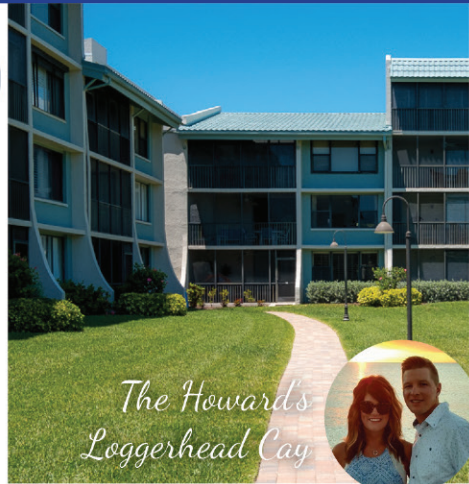
*The Lamb's  
Sanibel Seaview*

## Neighbors, Not Numbers

Meet some of your new neighbors that joined the Sanibel & Captiva community in 2018 courtesy of McCallion & McCallion Realty!



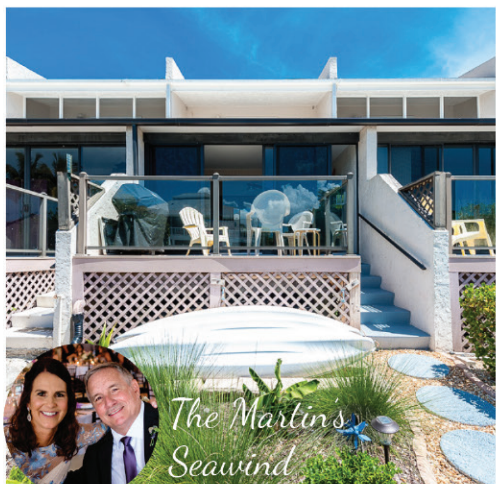
*The Bolz's  
Sanibel Estates*



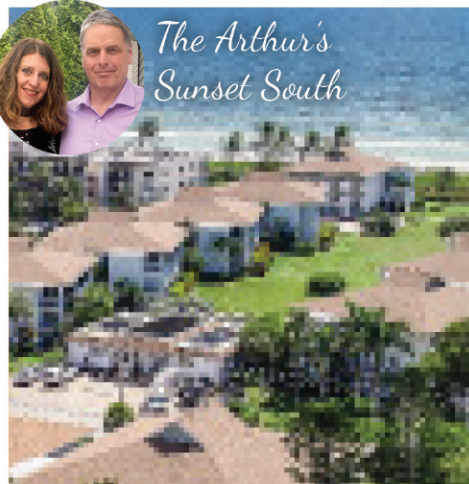
*The Howards  
Loggerhead Cay*



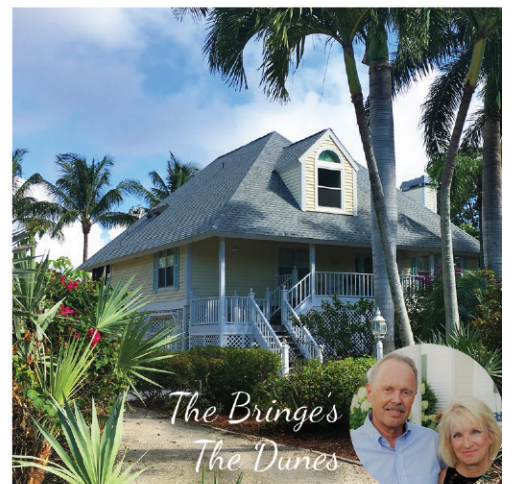
*The Jarrells  
Seagull Estates*



*The Martins  
Seawind*



*The Arthur's  
Sunset South*



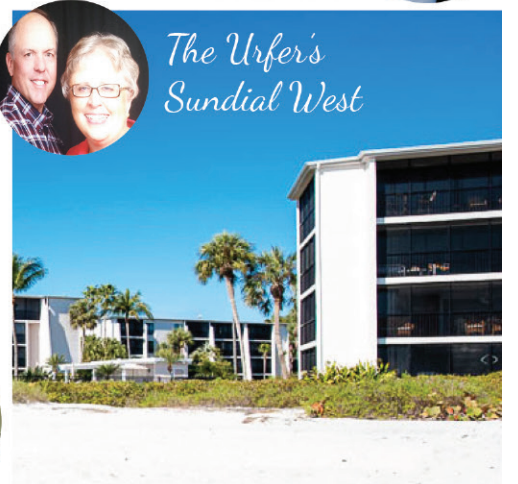
*The Bringes  
The Dunes*



*The Stoneback's  
Near Wulfert*



*The Fishburn's  
Sunset South*



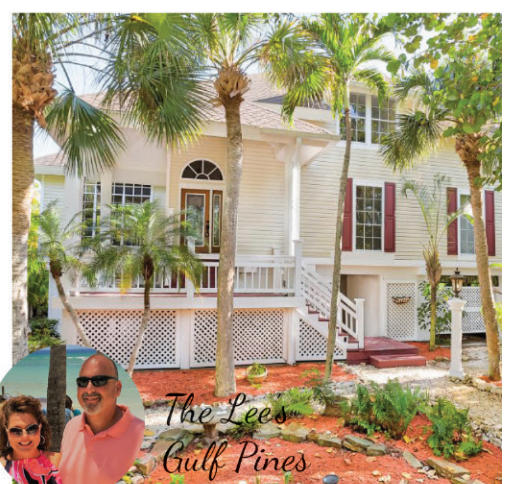
*The Urfer's  
Sundial West*



*The Scotts  
Spanish Cay*



*The Roger's  
Punta Rassa*



*The Lees  
Gulf Pines*

"We recently closed on the second property we've had the pleasure of using Susan and her team to purchase.

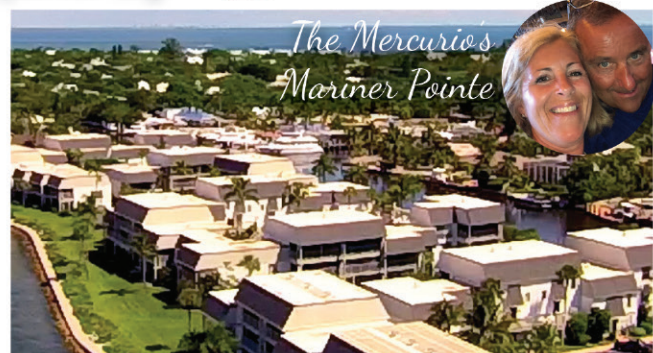
Beyond being an outstanding Realtor®, Susan is an outstanding person. She truly cares about you as her client, and you will see that demonstrated throughout your buying and selling process.

But she also cares about the really important stuff... family and the community she lives. I couldn't praise her enough!"

- The Urfer's



*The Musselman's  
Seawind II*

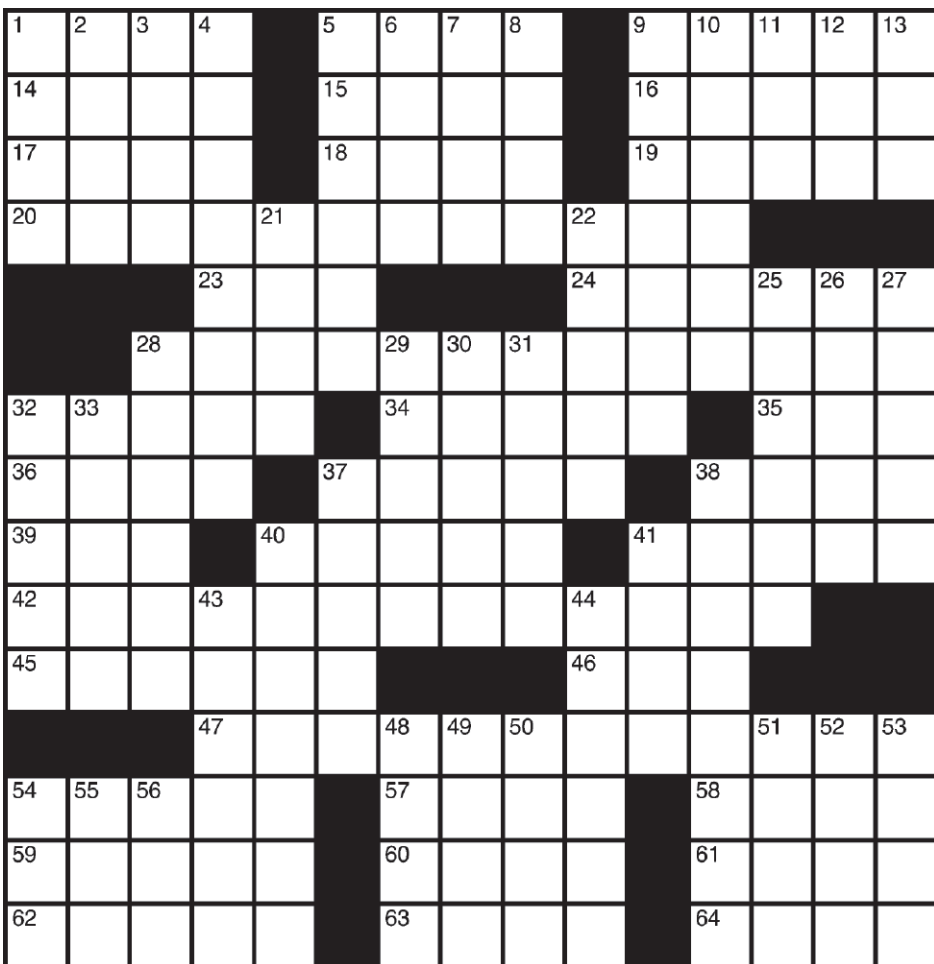


*The Mercurio's  
Mariner Pointe*



*Barb McCullough  
Beachview CC*

# CROSSWORD PUZZLE



## ACROSS

- 1 Hershey's toffee bar
- 5 Res \_\_\_ loquitur: the thing speaks for itself
- 9 Online shopping mecca
- 14 Chip in a chip
- 15 Seasonal song
- 16 Hunky-dory
- 17 Start of a knitting project
- 18 Prefix with space
- 19 Dry Italian wine
- 20 Tailpipe emission
- 23 Hot state
- 24 Beatty/Hoffman box office flop
- 28 Tug-of-war injuries
- 32 Former fillies
- 34 Ready for a refill
- 35 Freelancer's email attachment: Abbr.
- 36 Glider on runners
- 37 Flowing garments
- 38 Sonar signal
- 39 Word in a bride's bio
- 40 Went a-courting
- 41 Two-time US Open winner
- 42 Hair-smoothing hairs
- 45 Library machine
- 46 "\_\_\_ the Walrus"
- 47 Shellfish cookouts

- 54 Medicare prescription drug section
- 57 Pre-coll.
- 58 Brandy bottle letters
- 59 Prospero's servant
- 60 Highest sudoku digit
- 61 Hip bones
- 62 Free, in France
- 63 Armoire feature
- 64 Counting-out word

- 26 Musical set in an orphanage
- 27 Replies to an invite, for short
- 28 Make available
- 29 "\_\_\_ coffee?"
- 30 Louvre Pyramid architect
- 31 Pages with views
- 32 Rachel Maddow's network
- 33 Final Olds made
- 37 Charming snake?
- 38 2007 animated film in which Sting voices himself

## DOWN

- 1 Cyber Monday event
- 2 Fort with lots of bars
- 3 "Then again," in tweets
- 4 Fixed
- 5 "Be right with you"
- 6 Pound, but not ounce
- 7 Medieval laborer
- 8 Six-time All-Star Moises
- 9 Slips past
- 10 \_\_\_ pork: Chinese dish served with pancakes
- 11 Letters often after a perp's name
- 12 Loo
- 13 Corrosive substance
- 21 "Exodus" author
- 22 Money makers
- 25 Warbles
- 40 Coax
- 41 Big chunk
- 43 Many a bridesmaid
- 44 Less cluttered
- 48 Shift (for oneself)
- 49 Hodgepodge
- 50 "How awful!"
- 51 Cruise stop
- 52 Pork choice
- 53 Do a vet's job
- 54 Chum
- 55 NPR journalist Shapiro
- 56 Bone in a cage

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## PUZZLE answers



1	2	3	4	5	6	7	8	9	10	11	12	13	
14				15				16					
17				18				19					
20				21				22					
			23					24		25	26	27	
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54	55	56				57				58			
59						60				61			
62						63				64			

## SCRABBLE GRAMS

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A <sub>1</sub>	U <sub>1</sub>	D <sub>2</sub>	N <sub>1</sub>	M <sub>3</sub>	M <sub>3</sub>	S <sub>1</sub>	RACK 1
A <sub>1</sub>	I <sub>1</sub>	T <sub>1</sub>	H <sub>4</sub>	F <sub>4</sub>	W <sub>4</sub>	L <sub>1</sub>	Triple Word Score RACK 2
A <sub>1</sub>	E <sub>1</sub>	I <sub>1</sub>	Y <sub>4</sub>	R <sub>1</sub>	T <sub>1</sub>	D <sub>2</sub>	RACK 3
A <sub>1</sub>	I <sub>1</sub>	O <sub>1</sub>	D <sub>2</sub>	P <sub>3</sub>	L <sub>1</sub>	H <sub>4</sub>	3rd Letter Double RACK 4
A <sub>1</sub>	E <sub>1</sub>	E <sub>1</sub>	D <sub>2</sub>	N <sub>1</sub>	S <sub>1</sub>	T <sub>1</sub>	RACK 5

**PAR SCORE 260-270**  
**BEST SCORE 345**  
**FIVE RACK TOTAL**  
**TIME LIMIT: 25 MIN**

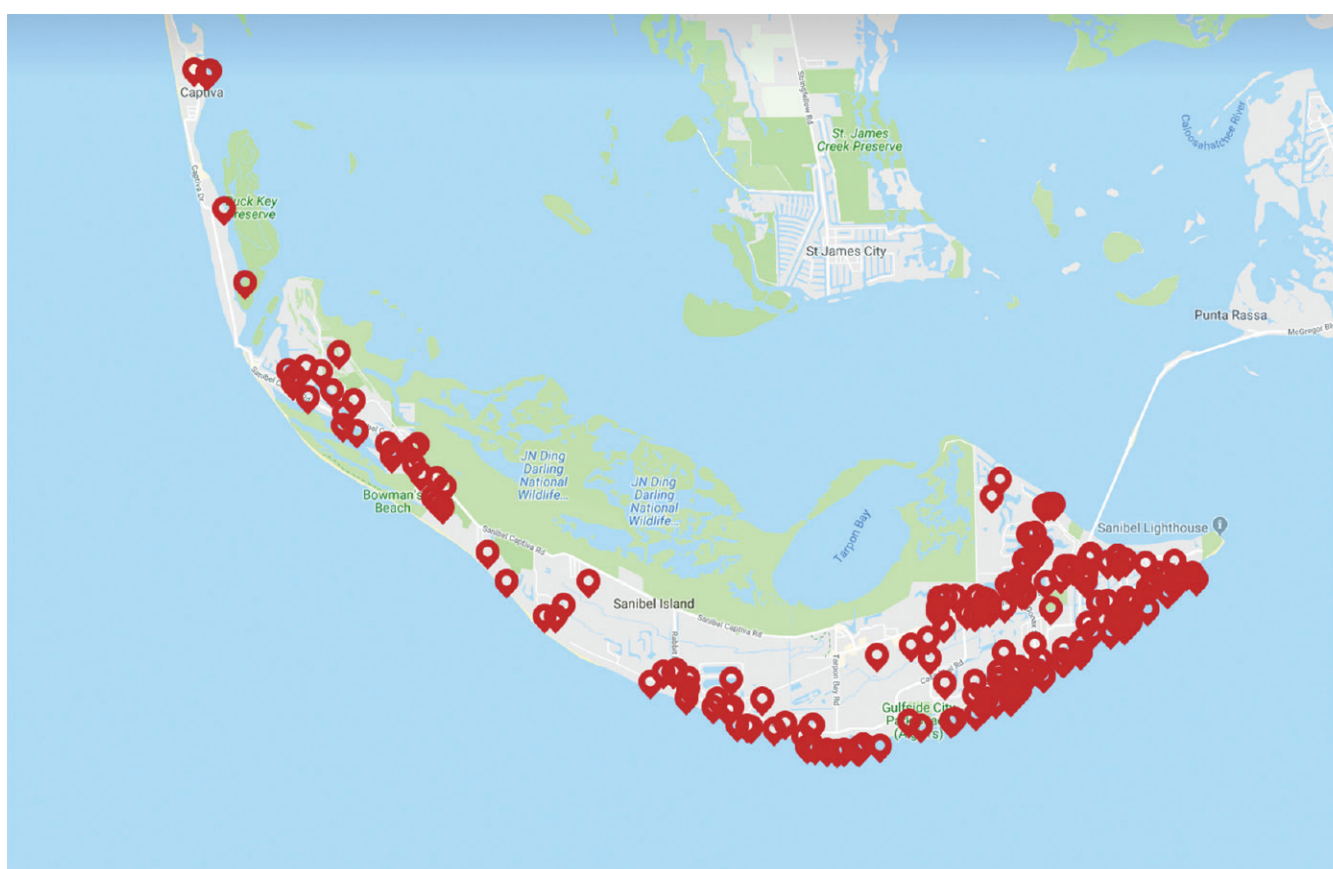
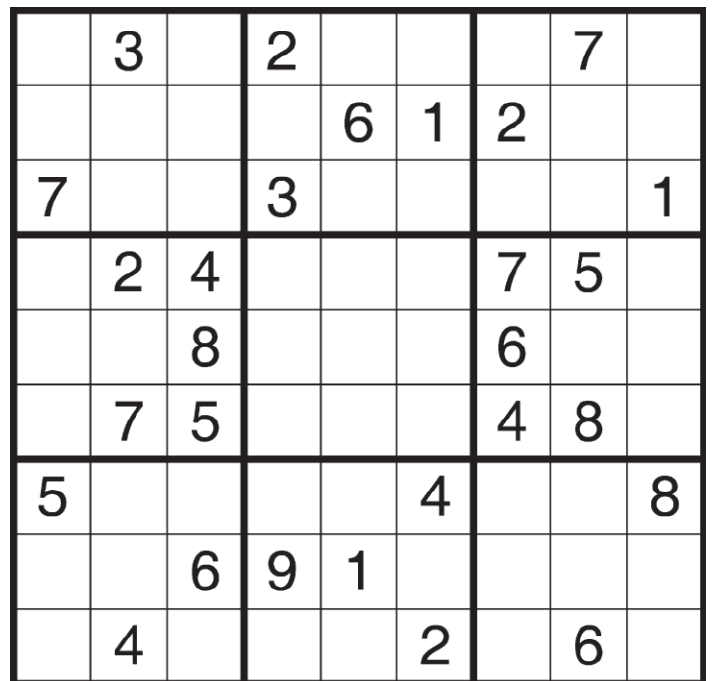
**DIRECTIONS:** Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. **SOLUTION TOMORROW**

For more information on tournaments and clubs, email [NASPA-North American SCRABBLE Players Association info@scrabbleplayers.org](mailto:NASPA-North American SCRABBLE Players Association info@scrabbleplayers.org). Visit our website-[www.scrabbleplayers.org](http://www.scrabbleplayers.org). For puzzle inquiries contact [scrgrams@gmail.com](mailto:scrgrams@gmail.com)

12-02

# Sudoku

created by Crosswords Ltd.



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**Free Recorded Info:**  
**(800) 298-9718 #1052**



**\$1,999,000**

**GULF FRONT HOME**  
Amazing Sunsets  
Steps to the Sand  
**Free Recorded Info:**  
**(800) 298-9718 #1029**



**\$732,500**

**PEACEFUL POOL**  
Private Pool & Spa,  
Master Loft, Vaulted Ceiling  
**Free Recorded Info:**  
**(800) 298-9718 #1046**



**\$1,059,000**

**NEAR BEACH**  
Pool Home, Lush Landscaping  
Quiet Road, Deeded Beach Path  
**Free Recorded Info:**  
**(800) 298-9718 #1047**



**\$599,000**

**RIVER VIEW**  
Near Beach  
Garage, Updated Kitchen  
**Free Recorded Info:**  
**(800) 298-9718 #1009**



**\$440,000**

**ELEVATED HOME**  
Quiet Neighborhood  
Room For Pool  
**Free Recorded Info:**  
**(800) 298-9718 #1032**

## But Don't Take It From Us! Here's What Our Clients Say...

★★★★★ **Highly likely to recommend**



Susan and her team were crazy good communicators throughout our entire listing and home sale. Even when she was out of the country with her family, Susan stayed in touch. We had all the details and numbers we needed to make the best decisions for our property.  
- Tisa and John

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